



AT THE FOREFRONT

UChicago
Medicine

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

JOHN F. GILMORE SYMPOSIUM ON **NUTRITION AND SMALL BOWEL DISORDERS**

COURSE DIRECTORS

Edwin K. McDonald IV, MD
Dejan Micic, MD
Carol Semrad, MD
Elizabeth Wall, RDN-AP

UNIVERSITY OF CHICAGO

Gleacher Center
450 Cityfront Plaza Dr
Chicago, IL 60611



SCAN ME

**SEPT
27
2025**



REGISTER AT: <https://cme.uchicago.edu/JGS2025>

CONFERENCE DESCRIPTION

Nutrition is a critical area of healthcare. There is a dire need for education that addresses the complexities of enteral and parenteral nutrition and the role of diet in disease management. Our conference fills this gap by providing in depth education on Nutrition Support, tailored specifically for healthcare professionals involved in the care of adult patients. Evolving research, disease complexity, and technological advancements in nutrition underscores this need.

The **John F. Gilmore Symposium on Nutrition and Small Bowel Disorders** will advance knowledge of healthcare professionals in the field of specialized nutrition support and increase awareness of the role of diet in disease management. We aim to equip attendees with the skills necessary to manage nutritional needs of patients with basic and complex gastrointestinal disorders through a blend of expert-led sessions and case studies. The goal is to improve patient care and outcomes.

TARGET AUDIENCE

This activity is designed for gastroenterologists, gastroenterology trainees, internists, advanced practice nurses, physician assistants, registered dietitians, nurses, and pharmacists dedicated to caring for patients with nutrition-related disorders.

LEARNING OBJECTIVES

After this activity, participants will be able to:

- *Identify evidence-based recommendations for the use of dietary fiber for patients with gastrointestinal diseases;*
- *Select the appropriate enteral feeding tube based on a patient's unique clinical condition;*
- *State the role of medical therapy in the novel field of metabolic dysfunction associated steatotic liver disease (MASLD);*
- *Differentiate the clinical features and management approaches of short bowel syndrome (SBS) and intestinal failure (IF);*
- *Describe techniques for managing physiologic intolerances to mechanical complications of enteral access devices (e.g., leaking, clogged, and connection incompatibilities);*
- *Discuss the appropriate nutrition management techniques in patients presenting chronic liver disease;*
- *Recommend suitable dietary options and hydration fluids tailored to the nutritional needs of patients with intestinal failure, considering their medical condition and treatment goals.*

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine has been long recognized for its exemplary performance in the area of physician education. During the November 2023 re-accreditation review by the ACCME, the University of Chicago was awarded Accreditation with Commendation status through November 2029.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 6 contact hours.

DIETITIAN CREDIT

This program is approved for 6 continuing medical education credits. At the completion of this course Registered Dietitians can submit their 6 CME credits to the Commission on Dietetic Registration.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTHCARE PROFESSIONALS CREDIT

Other healthcare professionals will receive a Certificate of Participation.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

ACCOMMODATIONS

Accommodations will be available at the Omni Chicago Hotel located at 676 North Michigan Avenue. Situated right on the Chicago Magnificent Mile. Enter Corporate Code: N2000446



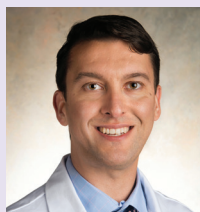
CONFERENCE FACULTY

Course Directors



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McDonald IV, MD**

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The University of
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**Elizabeth Wall, MS,
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Advanced Clinical
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The University of
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Guest Faculty

Dawn W. Adams, MD, MS, CNSC

Associate Professor of Medicine
Medical Director, Center for
Human Nutrition
Medical Director, VUMC
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Professor of Gastroenterology
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Manchester, UK

George Ou, MD, MPH, FRCPC

Clinical Assistant Professor,
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Medical Director,
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Vancouver, BC, Canada

Shirley Paski, MD, MSc

Staff Gastroenterologist
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Vanderbilt University
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UChicago Faculty

Alice Cheng, MD

Assistant Professor of Medicine

Omar Jamil, MD

Assistant Professor of Medicine

Sarah Kolb, MS, RD

Dietitian I

Sonali Paul, MD, MS, FACG, AGAF

Associate Professor of Medicine
Associate Vice Chair for DEI,
Department of Medicine
Associate Program Director,
Internal Medicine Residency
Program
The University of Chicago
Medicine
Center for Liver Diseases

Lori Welstead, MS, RD

Dietitian IV

DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim *AMA PRA Category 1 Credit™* after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.


CONFERENCE AGENDA

SATURDAY, SEPTEMBER 27, 2025	
7:30 a.m.	REGISTRATION & BREAKFAST
8:00	Welcome Remarks
	CHALLENGES WITH ENTERAL ACCESS DEVICES MODERATOR: EDWIN MCDONALD
8:10	When You Think it is Not Possible: Enteral Access in Relative Contraindications John Fang, MD
8:30	Placement of Tubes in Surgically Altered Anatomy Edwin McDonald, MD
8:50	Tube Challenges in the Age of ENFit Shirley Paski, MD, MSc
9:10	Panel Discussion Session 1 Faculty
	BREAK
	DIETARY FIBER IN GI DISEASES MODERATOR: DEJAN MICIC
9:35	Evidence For Fiber In Gastrointestinal Disorders Dejan Micic, MD
9:55	Low FODMAP Diet: When Should It Be Tried? Lori Welstead, RD
10:15	Fiber For The Microbiome: What Do We Know? Alice Cheng, MD
10:35	Panel Discussion Session 2 Faculty
	KEYNOTE INTRODUCTION: CAROL SEMRAD
10:50	Clinical Approaches to the Management of Non-Short Bowel Dysmotility Leading to IF Simon Lal, MD
11:50	LUNCH
	MULTIDISCIPLINARY CARE OF INTESTINAL FAILURE PATIENTS MODERATOR: DAWN ADAMS
1:00	A SB Pathway for Managing Short Bowel/Intestinal Failure Carol Semrad, MD
1:20	Recognizing Intestinal Failure and When To Intervene Ankita Sissleman, MD
1:40	The Rise of Nutrition Support Use in Disorders of Brain Gut Interaction George Ou, MD
2:00	Diet and Oral Hydration: Does It Make A Difference In IF? Elizabeth Wall, MS
2:20	Panel Discussion Session 3 Faculty
	BREAK
	METABOLIC DYSFUNCTION-ASSOCIATED LIVER DISEASE (MASLD) MODERATOR: OMAR JAMIL
2:40	Travel Through Time: NASH to MASLD/MASH Sonali Paul, MD
3:00	Diet and Lifestyle: The Initial Management for MASLD/MASH Sarah Kolb, RD
3:20	Approach to Drug Therapies for MASLD/MASH Archita Desai, MD
3:40	Panel Discussion Session 4 Faculty
4:00	ADJOURN


Program agenda and speaker selection subject to change.

REGISTRATION DESCRIPTION

How To Register

 **ONLINE** <https://cme.uchicago.edu/JGS2025>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Gilmore Nutrition Symposium
c/o Elizabeth Barbosa
5841 S. Maryland Ave., MC 4080
Chicago, IL 60637

Payment

	Fee
Physicians	\$75
Other Healthcare Professionals	\$50
Trainees	FREE
Payment Total: \$	

I will attend:

☐ In-Person ☐ Virtual

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____


Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

- ☐ Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- ☐ Colleague ☐ Save the Date ☐ Brochure ☐ Internet ☐ Email
☐ Journal Ad ☐ Previous Attendance ☐ Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 5, 2025. **No refunds will be made after September 5, 2025.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-3075 or via email at Elizabeth.Barbosa@bsd.uchicago.edu.

For additional information about this activity, please contact Elizabeth Barbosa at 773-702-3075.



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2024 ATTENDEES HAD THIS TO SAY:

“I thought this conference was well designed and speakers were very knowledgeable.”

“Excellent symposium! I will be joining again next year for sure! The topics and information presented was attention keeping, interesting and practical.”

“As a dietetics student just beginning my Master’s program, this was such a great experience to learn so much more about the field.”

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September 27, 2025 | University of Chicago Gleacher Center

The University of Chicago

Section of Gastroenterology, Hepatology & Nutrition

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Chicago, IL 60637