



AT THE FOREFRONT

UChicago
Medicine

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

JOHN F. GILMORE SYMPOSIUM ON **NUTRITION AND SMALL BOWEL DISORDERS**

COURSE DIRECTORS

Dejan Micic, MD
Carol Semrad, MD
Elizabeth Wall, RDN-AP

UNIVERSITY OF CHICAGO

Gleacher Center
450 Cityfront Plaza Dr
Chicago, IL 60611



SCAN ME

**SEPT
28
2024**



REGISTER AT: <https://cme.uchicago.edu/JGS2024>

CONFERENCE DESCRIPTION

The field of Nutrition Support is a critical area of healthcare, particularly in the management of adult patients requiring specialized nutritional interventions. There exists a significant need for comprehensive educational opportunities in this field to address the complexities of both enteral and parenteral nutrition and the role of diet in disease management. Our conference seeks to fill this gap by providing a thorough introduction to Nutrition Support, tailored specifically for healthcare professionals involved in the care of adult patients. The need for such education is underscored by the evolving research, diverse patient needs, and the technological advancements related to the role of diet and nutrition in disease states. Through this conference, we aim to enhance the knowledge and skills of healthcare providers, ensuring they are well-equipped to deliver effective nutrition support and improve patient outcomes in various clinical settings.

The goal of the **John F. Gilmore Symposium on Nutrition and Small Bowel Disorders** is to introduce healthcare professionals to the field of nutrition support and increase awareness of the role of diet in disease management. We aim to equip attendees with the knowledge and skills necessary to address the unique nutritional needs of individuals with gastrointestinal disorders. The focus this year, in addition to enteral and parenteral nutrition support, will include disorders of the pancreas and small bowel. Through a blend of expert-led sessions and case studies, our conference will foster a deep understanding of the critical role nutrition plays in managing these conditions, and empower healthcare professionals to deliver optimal nutritional care.

TARGET AUDIENCE

This activity is designed for gastroenterologists, gastroenterology trainees, internists, advanced practice nurses, physician assistants, registered dietitians, nurses, and pharmacists dedicated to caring for patients with nutrition-related disorders.

LEARNING OBJECTIVES

After this activity, participants will be able to:

- *Identify basic initial recommendations for the management of malnutrition to provide to patients;*
- *Select the appropriate enteral feeding tube based on a patient's unique clinical condition;*
- *Describe techniques for managing physiologic intolerances to enteral nutrition support and mechanical complications of enteral access devices (e.g., leaking, clogged, and connection incompatibilities);*
- *Recommend the appropriate use of parenteral nutrition (PN) with an understanding of the basics of line choice and home monitoring;*
- *Describe the appropriate management of nutrition in patients presenting with acute and chronic pancreatitis;*
- *Describe the role of medical and nutrition-related therapies in eosinophilic gastrointestinal disorders;*
- *Understand the basics of carbohydrate absorption and the impact of malabsorption and medications on gastrointestinal symptoms.*

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine has been long recognized for its exemplary performance in the area of physician education. During the November 2023 re-accreditation review by the ACCME, the University of Chicago was awarded Accreditation with Commendation status through November 2029.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 6.75 contact hours.

DIETITIAN CREDIT

This program is approved for 6.75 continuing medical education credits. At the completion of this course Registered Dietitians can submit their 6.75 CME credits to the Commission on Dietetic Registration.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTHCARE PROFESSIONALS CREDIT

Other healthcare professionals will receive a Certificate of Participation.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

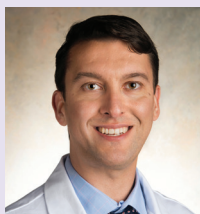
ACCOMMODATIONS

Accommodations will be available at the Omni Chicago Hotel located at 676 North Michigan Avenue. Situated right on the Chicago Magnificent Mile. Enter Corporate Code: N2000446



CONFERENCE FACULTY

University Of Chicago Course Directors



Dejan Micic, MD

Associate Professor of
Medicine
Co-Director, Adult Clinical
Nutrition



Carol Semrad, MD

Professor of Medicine



Elizabeth Wall, MS, RDN-AP, CNSC

Advanced Clinical Nutrition
Support Dietitian

Guest Faculty

Dawn W. Adams, MD, MS, CNSC

Associate Professor of Medicine
Medical Director, Center for
Human Nutrition
Medical Director, VUMC
OptionCare Joint Venture
Division of Gastroenterology,
Hepatology and Nutrition
Vanderbilt University Medical
Center
Nashville, TN

Bethany Doerfler, MS, RD, LDN

Clinical Research Dietitian
Northwestern University
Chicago, IL

John Fang, MD

Clarence M. and Ruth N. Birrer
Presidential Professor of
Medicine
Chief, Division of
Gastroenterology, Hepatology
and Nutrition
University of Utah Health
Salt Lake City, UT

Benson T. Massey, MD, AGAF

Professor of Medicine
Director, GI Manometry
Laboratory
Division of Gastroenterology &
Hepatology
Medical College of Wisconsin
Milwaukee, WI

George Ou, MD, MPH, FRCPC

Clinical Assistant Professor,
University of British Columbia
Medical Director, BC Home
Parenteral and Enteral Nutrition
Program
Vancouver, BC, Canada

Shirley Paski, MD, MSc

Staff Gastroenterologist
Department of Gastroenterology,
Hepatology and Nutrition
Cleveland Clinic
Cleveland, OH

Kathryn A. Peterson, MD, MScI

Professor of Medicine,
Gastroenterology
University of Utah
Salt Lake City, UT

UChicago Faculty

Bradford Chong, MD

Assistant Professor of Medicine
Director, Pancreas Program

Jean Herlitz, RN, CNSC

Nutrition Support Nurse

Edwin K. McDonald IV, MD

Assistant Professor of Medicine
Co-Director, Adult Clinical
Nutrition

Elise Pajak, MS, RD, LDN, CNSC

Parenteral Nutrition Management
RD II

Valerie Reynolds MS, RD, LDN, CNSC

Clinical Dietitian IV

Namrata Setia, MD

Associate Professor of Pathology
Chief, GI Pathology Section
Director, GI Pathology Fellowship
Program

DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim *AMA PRA Category 1 Credit™* after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

CONFERENCE AGENDA

SATURDAY, SEPTEMBER 28, 2024

7:30 a.m. **REGISTRATION & BREAKFAST**

8:00 **Welcome Remarks**

ENTERAL NUTRITION IN THE CURRENT HEALTHCARE ENVIRONMENT
MODERATOR: JOHN FANG

8:10 **Making The Decision - When To Initiate Enteral Nutrition** Shirley Paski, MD, MSc

8:30 **Plant Based And Blenderized Formulas** Valerie Reynolds, MS, RD, LDN, CNSC

8:50 **Preventing Tube Clogging** Jean Herlitz, RN, CNSC

9:10 **Panel Discussion** Session 1 Faculty

BREAK

PANCREATIC DISORDERS: NUTRITION MANAGEMENT
MODERATOR: EDWIN MCDONALD

9:40 **Early Versus Late - Feeding In Acute Pancreatitis** Bradford Chong, MD

10:00 **Is More Better - Pancreatic Enzyme Supplementation** Edwin McDonald, MD

10:20 **Nutritional Deficiencies and Management in Chronic Pancreatitis**
Elise Pajak, MS, RD, LDN, CNSC

10:40 **Panel Discussion** Session 2 Faculty

PARENTERAL NUTRITION: THE BASICS AND COMPLICATION MANAGEMENT
MODERATOR: GEORGE OU

11:00 **PN 101: PN components** George Ou, MD, MPH, FRCPC

11:20 **It's More Than Just Fat - Lipid Emulsions In Parenteral Nutrition**
Elizabeth Wall, MS, RDN-AP, CNSC

11:40 **It's A Lifeline - Managing Catheter-Related Infections In Home Parenteral Nutrition**
Dawn Adams, MD, MS, CNSC

12:00 p.m. **Panel Discussion** Session 3 Faculty

LUNCH

MALABSORPTIVE DISORDERS: OVERGROWTH, CARBOHYDRATES AND DRUGS
MODERATOR: DEJAN MICIC

1:00 **Accurate Diagnosis Of SIBO - Role Of Breath Testing** Benson Massey, MD, AGAF

1:20 **Fructose, Sucrose And Lactose - Carbohydrate Absorption Across The Brush Border** Dejan Micic, MD

1:40 **Drug-Induced Injury Of The Small Bowel** Namrata Setia, MD

2:00 **Panel Discussion** Session 4 Faculty

BREAK

EOSINOPHILIC DISORDERS OF THE GUT: DIET AND NEW DRUGS
MODERATOR: CAROL SEMRAD

2:30 **Eosinophilic Gastrointestinal Disorders** Kathryn Peterson, MD, MSc

2:50 **Dietary Treatment Strategies In Adult Patients With EoE** Bethany Doerfler, MS, RD, LDN

3:10 **Medical Therapies To The Rescue In Eosinophilic Gastrointestinal Disorders**
Kathryn Peterson, MD, MSc

3:30 **Panel Discussion** Session 5 Faculty


ADJOURN

REGISTRATION DESCRIPTION

How To Register

 **ONLINE** <https://cme.uchicago.edu/JGS2024>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Gilmore Nutrition Symposium
c/o Amy Majkowski
5841 S. Maryland Ave., MC 4076
Chicago, IL 60637

Payment

	Fee
Physicians	\$75
Other Healthcare Professionals	\$50
Trainees	FREE
Payment Total: \$	

I will attend:

In-Person Virtual

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)

You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

Colleague Save the Date Brochure Internet Email

Journal Ad Previous Attendance Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 7, 2024. **No refunds will be made after September 7, 2024.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.



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The University of Chicago

Section of Gastroenterology, Hepatology & Nutrition

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Chicago, IL 60637