



AT THE FOREFRONT

**UChicago**  
**Medicine**

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

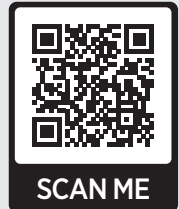
# JOHN F. GILMORE SYMPOSIUM ON **NUTRITION AND SMALL BOWEL DISORDERS**

**COURSE DIRECTORS**

Dejan Micic, MD  
Carol Semrad, MD  
Elizabeth Wall, RDN-AP

**UNIVERSITY OF CHICAGO**

Gleacher Center  
450 Cityfront Plaza Dr  
Chicago, IL 60611



SCAN ME

**SEPT  
28  
2024**



REGISTER AT: <https://cme.uchicago.edu/JGS2024>

# CONFERENCE DESCRIPTION

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**The field of Nutrition Support is a critical area of healthcare, particularly in the management of adult patients requiring specialized nutritional interventions.** There exists a significant need for comprehensive educational opportunities in this field to address the complexities of both enteral and parenteral nutrition and the role of diet in disease management. Our conference seeks to fill this gap by providing a thorough introduction to Nutrition Support, tailored specifically for healthcare professionals involved in the care of adult patients. The need for such education is underscored by the evolving research, diverse patient needs, and the technological advancements related to the role of diet and nutrition in disease states. Through this conference, we aim to enhance the knowledge and skills of healthcare providers, ensuring they are well-equipped to deliver effective nutrition support and improve patient outcomes in various clinical settings.

The goal of the **John F. Gilmore Symposium on Nutrition and Small Bowel Disorders** is to introduce healthcare professionals to the field of nutrition support and increase awareness of the role of diet in disease management. We aim to equip attendees with the knowledge and skills necessary to address the unique nutritional needs of individuals with gastrointestinal disorders. The focus this year, in addition to enteral and parenteral nutrition support, will include disorders of the pancreas and small bowel. Through a blend of expert-led sessions and case studies, our conference will foster a deep understanding of the critical role nutrition plays in managing these conditions, and empower healthcare professionals to deliver optimal nutritional care.

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## TARGET AUDIENCE

This activity is designed for gastroenterologists, gastroenterology trainees, internists, advanced practice nurses, physician assistants, registered dietitians, nurses, and pharmacists dedicated to caring for patients with nutrition-related disorders.

## LEARNING OBJECTIVES

After this activity, participants will be able to:

- *Identify basic initial recommendations for the management of malnutrition to provide to patients;*
- *Select the appropriate enteral feeding tube based on a patient's unique clinical condition;*
- *Describe techniques for managing physiologic intolerances to enteral nutrition support and mechanical complications of enteral access devices (e.g., leaking, clogged, and connection incompatibilities);*
- *Recommend the appropriate use of parenteral nutrition (PN) with an understanding of the basics of line choice and home monitoring;*
- *Describe the appropriate management of nutrition in patients presenting with acute and chronic pancreatitis;*
- *Describe the role of medical and nutrition-related therapies in eosinophilic gastrointestinal disorders;*
- *Understand the basics of carbohydrate absorption and the impact of malabsorption and medications on gastrointestinal symptoms.*

## ACCREDITATION AND CREDIT DESIGNATION

### PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine has been long recognized for its exemplary performance in the area of physician education. During the November 2023 re-accreditation review by the ACCME, the University of Chicago was awarded Accreditation with Commendation status through November 2029.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### NURSING CREDIT

University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 6.75 contact hours.

### DIETITIAN CREDIT

This program is approved for 6.75 continuing medical education credits. At the completion of this course Registered Dietitians can submit their 6.75 CME credits to the Commission on Dietetic Registration.

### AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### OTHER HEALTHCARE PROFESSIONALS CREDIT

Other healthcare professionals will receive a Certificate of Participation.

## EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

### ACCOMMODATIONS

Accommodations will be available at the Omni Chicago Hotel located at 676 North Michigan Avenue. Situated right on the Chicago Magnificent Mile. Enter Corporate Code: N2000446

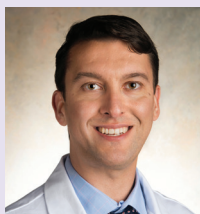


# CONFERENCE FACULTY

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## University Of Chicago Course Directors

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### **Dejan Micic, MD**

Associate Professor of  
Medicine  
Co-Director, Adult Clinical  
Nutrition



### **Carol Semrad, MD**

Professor of Medicine



### **Elizabeth Wall, MS, RDN-AP, CNSC**

Advanced Clinical Nutrition  
Support Dietitian

## Guest Faculty

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### **Dawn W. Adams, MD, MS, CNSC**

Associate Professor of Medicine  
Medical Director, Center for  
Human Nutrition  
Medical Director, VUMC  
OptionCare Joint Venture  
Division of Gastroenterology,  
Hepatology and Nutrition  
Vanderbilt University Medical  
Center  
Nashville, TN

### **Bethany Doerfler, MS, RD, LDN**

Clinical Research Dietitian  
Northwestern University  
Chicago, IL

### **John Fang, MD**

Clarence M. and Ruth N. Birrer  
Presidential Professor of  
Medicine  
Chief, Division of  
Gastroenterology, Hepatology  
and Nutrition  
University of Utah Health  
Salt Lake City, UT

### **Ikuo Hirano, MD**

Professor of Medicine  
Director, Kenneth C. Griffin  
Esophageal Center  
Division of Gastroenterology and  
Hepatology  
Northwestern University  
Feinberg School of Medicine  
Chicago, IL

### **Benson T. Massey, MD, AGAF**

Professor of Medicine  
Director, GI Manometry  
Laboratory  
Division of Gastroenterology &  
Hepatology  
Medical College of Wisconsin  
Milwaukee, WI

### **George Ou, MD, MPH, FRCPC**

Clinical Assistant Professor,  
University of British Columbia  
Medical Director, BC Home  
Parenteral and Enteral Nutrition  
Program  
Vancouver, BC, Canada

### **Shirley Paski, MD, MSc**

Staff Gastroenterologist  
Department of Gastroenterology,  
Hepatology and Nutrition  
Cleveland Clinic  
Cleveland, OH

### **Kathryn A. Peterson, MD, MSci**

Professor of Medicine,  
Gastroenterology  
University of Utah  
Salt Lake City, UT

## UChicago Faculty

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### **Bradford Chong, MD**

Assistant Professor of Medicine  
Director, Pancreas Program

### **Jean Herlitz, RN, CNSC**

Nutrition Support Nurse

### **Edwin K. McDonald IV, MD**

Assistant Professor of Medicine  
Co-Director, Adult Clinical  
Nutrition

### **Elise Pajak, MS, RD, LDN, CNSC**

Parenteral Nutrition Management  
RD II

### **Valerie Reynolds MS, RD, LDN, CNSC**

Clinical Dietitian IV

### **Namrata Setia, MD**

Associate Professor of Pathology  
Chief, GI Pathology Section  
Director, GI Pathology Fellowship  
Program

## DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim *AMA PRA Category 1 Credit™* after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

# CONFERENCE AGENDA

SATURDAY, SEPTEMBER 28, 2024

7:30 a.m. **REGISTRATION & BREAKFAST**

8:00 **Welcome Remarks**

**ENTERAL NUTRITION IN THE CURRENT HEALTHCARE ENVIRONMENT**  
**MODERATOR: JOHN FANG**

8:10 **Making The Decision - When To Initiate Enteral Nutrition** Shirley Paski, MD, MSc

8:30 **Plant Based And Blenderized Formulas** Valerie Reynolds, MS, RD, LDN, CNSC

8:50 **Preventing Tube Clogging** Jean Herlitz, RN, CNSC

9:10 **Panel Discussion** Session 1 Faculty

**BREAK**

**PANCREATIC DISORDERS: NUTRITION MANAGEMENT**  
**MODERATOR: EDWIN MCDONALD**

9:40 **Early Versus Late - Feeding In Acute Pancreatitis** Bradford Chong, MD

10:00 **Is More Better - Pancreatic Enzyme Supplementation** Edwin McDonald, MD

10:20 **Nutritional Deficiencies and Management in Chronic Pancreatitis**  
Elise Pajak, MS, RD, LDN, CNSC

10:40 **Panel Discussion** Session 2 Faculty

**PARENTERAL NUTRITION: THE BASICS AND COMPLICATION MANAGEMENT**  
**MODERATOR: GEORGE OU**

11:00 **PN 101: PN components** George Ou, MD, MPH, FRCPC

11:20 **It's More Than Just Fat - Lipid Emulsions In Parenteral Nutrition**  
Elizabeth Wall, MS, RDN-AP, CNSC

11:40 **It's A Lifeline - Managing Catheter-Related Infections In Home Parenteral Nutrition**  
Dawn Adams, MD, MS, CNSC

12:00 p.m. **Panel Discussion** Session 3 Faculty

**LUNCH**

**MALABSORPTIVE DISORDERS: OVERGROWTH, CARBOHYDRATES AND DRUGS**  
**MODERATOR: DEJAN MICIC**

1:00 **Accurate Diagnosis Of SIBO - Role Of Breath Testing** Benson Massey, MD, AGAF

1:20 **Fructose, Sucrose And Lactose - Carbohydrate Absorption Across The Brush Border** Dejan Micic, MD

1:40 **Drug-Induced Injury Of The Small Bowel** Namrata Setia, MD

2:00 **Panel Discussion** Session 4 Faculty

**BREAK**

**EOSINOPHILIC DISORDERS OF THE GUT: DIET AND NEW DRUGS**  
**MODERATOR: CAROL SEMRAD**

2:30 **Eosinophilic Gastrointestinal Disorders** Ikuo Hirano, MD

2:50 **Dietary Treatment Strategies In Adult Patients With EoE** Bethany Doerfler, MS, RD, LDN


3:10 **Medical Therapies To The Rescue In Eosinophilic Gastrointestinal Disorders**  
Kathryn Peterson, MD, MSci

3:30 **Panel Discussion** Session 5 Faculty


**ADJOURN**

# REGISTRATION DESCRIPTION

## How To Register

 **ONLINE** <https://cme.uchicago.edu/JGS2024>  
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago  
Gilmore Nutrition Symposium  
c/o Amy Majkowski  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637

## Payment

	<b>Fee</b>
Physicians	\$75
Other Healthcare Professionals	\$50
Trainees	FREE
<b>Payment Total: \$</b>	

### I will attend:

In-Person  Virtual

## Contact Information

Name \_\_\_\_\_ Degree \_\_\_\_\_

Specialty \_\_\_\_\_

Organization \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

In Case of Emergency \_\_\_\_\_

 Please indicate any special needs \_\_\_\_\_

Please indicate any special dietary needs \_\_\_\_\_

Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)

You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

Colleague  Save the Date  Brochure  Internet  Email

Journal Ad  Previous Attendance  Other \_\_\_\_\_

## Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 7, 2024. **No refunds will be made after September 7, 2024.**

## Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.



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September 28, 2024 | University of Chicago Gleacher Center

**The University of Chicago**

Section of Gastroenterology, Hepatology & Nutrition  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637