SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

JOHN F. GILMORE SYMPOSIUM ON NUTRITION AND SMALL BOWEL DISORDERS

COURSE DIRECTORS
Dejan Micic, MD
Carol Semrad, MD
Elizabeth Wall, RDN-AP

UNIVERSITY OF CHICAGO
Gleacher Center
450 Cityfront Plaza Dr
Chicago, IL 60611

SEPT 28 2024

REGISTER AT: https://cme.uchicago.edu/JGS2024
CONFERENCE DESCRIPTION

The field of Nutrition Support is a critical area of healthcare, particularly in the management of adult patients requiring specialized nutritional interventions. There exists a significant need for comprehensive educational opportunities in this field to address the complexities of both enteral and parenteral nutrition and the role of diet in disease management. Our conference seeks to fill this gap by providing a thorough introduction to Nutrition Support, tailored specifically for healthcare professionals involved in the care of adult patients. The need for such education is underscored by the evolving research, diverse patient needs, and the technological advancements related to the role of diet and nutrition in disease states. Through this conference, we aim to enhance the knowledge and skills of healthcare providers, ensuring they are well-equipped to deliver effective nutrition support and improve patient outcomes in various clinical settings.

The goal of the John F. Gilmore Symposium on Nutrition and Small Bowel Disorders is to introduce healthcare professionals to the field of nutrition support and increase awareness of the role of diet in disease management. We aim to equip attendees with the knowledge and skills necessary to address the unique nutritional needs of individuals with gastrointestinal disorders. The focus this year, in addition to enteral and parenteral nutrition support, will include disorders of the pancreas and small bowel. Through a blend of expert-led sessions and case studies, our conference will foster a deep understanding of the critical role nutrition plays in managing these conditions, and empower healthcare professionals to deliver optimal nutritional care.

TARGET AUDIENCE
This activity is designed for gastroenterologists, gastroenterology trainees, internists, advanced practice nurses, physician assistants, registered dietitians, nurses, and pharmacists dedicated to caring for patients with nutrition-related disorders.

LEARNING OBJECTIVES
After this activity, participants will be able to:

• Identify basic initial recommendations for the management of malnutrition to provide to patients;
• Select the appropriate enteral feeding tube based on a patient’s unique clinical condition;
• Describe techniques for managing physiologic intolerances to enteral nutrition support and mechanical complications of enteral access devices (e.g., leaking, clogged, and connection incompatibilities);
• Recommend the appropriate use of parenteral nutrition (PN) with an understanding of the basics of line choice and home monitoring;
• Describe the appropriate management of nutrition in patients presenting with acute and chronic pancreatitis;
• Describe the role of medical and nutrition-related therapies in eosinophilic gastrointestinal disorders;
• Understand the basics of carbohydrate absorption and the impact of malabsorption and medications on gastrointestinal symptoms.

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT
The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 6.75 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT
University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 6.75 contact hours.

DIETITIAN CREDIT
This program is approved for 6.75 continuing medical education credits. At the completion of this course Registered Dietitians can submit their 6.75 CME credits to the Commission on Dietetic Registration.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTHCARE PROFESSIONALS CREDIT
Other healthcare professionals will receive a Certificate of Participation.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT
A complete listing of commercial support received will be provided in the conference materials.

ACCOMMODATIONS
Accommodations will be available at the Omni Chicago Hotel located at 676 North Michigan Avenue. Situated right on the Chicago Magnificent Mile. Enter Corporate Code: N2000446
CONFERENCE FACULTY

University Of Chicago Course Directors

Dejan Micic, MD
Associate Professor of Medicine
Co-Director, Adult Clinical Nutrition

Carol Semrad, MD
Professor of Medicine

Elizabeth Wall, MS, RDN-AP, CNSC
Advanced Clinical Nutrition Support Dietitian

Guest Faculty

Dawn W. Adams, MD, MS, CNSC
Associate Professor of Medicine
Medical Director, Center for Human Nutrition
Medical Director, VUMC OptionCare Joint Venture
Division of Gastroenterology, Hepatology and Nutrition
Vanderbilt University Medical Center
Nashville, TN

Bethany Doerfler, MS, RD, LDN
Clinical Research Dietitian
Northwestern University
Chicago, IL

John Fang, MD
Clarence M. and Ruth N. Birrer Presidential Professor of Medicine
Chief, Division of Gastroenterology, Hepatology and Nutrition
University of Utah Health
Salt Lake City, UT

Ikuo Hirano, MD
Professor of Medicine
Director, Kenneth C. Griffin Esophageal Center
Division of Gastroenterology and Hepatology
Northwestern University
Feinberg School of Medicine
Chicago, IL

Benson T. Massey, MD, AGAF
Professor of Medicine
Director, GI Manometry Laboratory
Division of Gastroenterology & Hepatology
Medical College of Wisconsin
Milwaukee, WI

George Ou, MD, MPH, FRCPC
Clinical Assistant Professor
University of British Columbia
Medical Director, BC Home Parenteral and Enteral Nutrition Program
Vancouver, BC, Canada

Shirley Paski, MD, MSc
Staff Gastroenterologist
Department of Gastroenterology, Hepatology and Nutrition
Cleveland Clinic
Cleveland, OH

Kathryn A. Peterson, MD, MSci
Professor of Medicine, Gastroenterology
University of Utah
Salt Lake City, UT

UChicago Faculty

Bradford Chong, MD
Assistant Professor of Medicine
Director, Pancreas Program

Jean Herlitz, RN, CNSC
Nutrition Support Nurse

Edwin K. McDonald IV, MD
Assistant Professor of Medicine
Co-Director, Adult Clinical Nutrition

Elise Pajak, MS, RD, LDN, CNSC
Parenteral Nutrition Management RD II

Valerie Reynolds MS, RD, LDN, CNSC
Clinical Dietitian IV

Namrata Setia, MD
Associate Professor of Pathology
Chief, GI Pathology Section
Director, GI Pathology Fellowship Program

DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim AMA PRA Category 1 Credit™ after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.
CONFERENCE AGENDA

SATURDAY, SEPTEMBER 28, 2024

7:30 a.m.  REGISTRATION & BREAKFAST

8:00  Welcome Remarks

8:10  Making The Decision – When To Initiate Enteral Nutrition  Shirley Paski, MD, MSc

8:30  Plant Based And Blenderized Formulas  Valerie Reynolds, MS, RD, LDN, CNSC

8:50  Preventing Tube Clogging  Jean Herlitz, RN, CNSC

9:10  Panel Discussion  Session 1 Faculty

BREAK

9:40  Early Versus Late – Feeding In Acute Pancreatitis  Bradford Chong, MD

10:00  Is More Better – Pancreatic Enzyme Supplementation  Edwin McDonald, MD

10:20  Nutritional Deficiencies and Management in Chronic Pancreatitis  Elise Pajak, MS, RD, LDN, CNSC

10:40  Panel Discussion  Session 2 Faculty

11:00  PN 101: PN components  George Ou, MD, MPH, FRCPC

11:20  It’s More Than Just Fat - Lipid Emulsions In Parenteral Nutrition  Elizabeth Wall, MS, RDN-AP, CNSC

11:40  It’s A Lifeline – Managing Catheter-Related Infections In Home Parenteral Nutrition  Dawn Adams, MD, MS, CNSC

12:00 p.m.  Panel Discussion  Session 3 Faculty

LUNCH

1:00  Accurate Diagnosis Of SIBO – Role Of Breath Testing  Benson Massey, MD, AGAF

1:20  Fructose, Sucrose And Lactose – Carbohydrate Absorption Across The Brush Border  Dejan Micic, MD

1:40  Drug-Induced Injury Of The Small Bowel  Namrata Setia, MD

2:00  Panel Discussion  Session 4 Faculty

BREAK

2:30  Eosinophilic Gastrointestinal Disorders  Ikuo Hirano, MD

2:50  Dietary Treatment Strategies In Adult Patients With EoE  Bethany Doerfler, MS, RD, LDN

3:10  Medical Therapies To The Rescue In Eosinophilic Gastrointestinal Disorders  Kathryn Peterson, MD, MSci

3:30  Panel Discussion  Session 5 Faculty

ADJOURN

Program agenda and speaker selection subject to change.
REGISTRATION DESCRIPTION

How To Register

ONLINE  https://cme.uchicago.edu/JGS2024  
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

MAIL  The University of Chicago  
Gilmore Nutrition Symposium  
c/o Amy Majkowski  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637

Contact Information

Name______________________________  Degree __________________________

Specialty______________________________

Organization______________________________

Preferred Mailing Address______________________________

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☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

☐ Colleague  ☐ Save the Date  ☐ Brochure  ☐ Internet  ☐ Email  
☐ Journal Ad  ☐ Previous Attendance  ☐ Other ______________________________

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 7, 2024. No refunds will be made after September 7, 2024.

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.

REGISTRATION DESCRIPTION

Payment

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September 28, 2024 | University of Chicago Gleacher Center