Well-Being Month 2024 · Lecture Series

TIME: All lectures will be held from 12-1 p.m. LOCATION: Zoom

Monday January 29, 2024



The Workforce of the Future: Making the Case for Well Being in Graduate Medical Education

Bree Andrews, MD, MPH

Associate Professor of Pediatrics, Chief Wellness and Vitality Officer, Biological Sciences Division UChicago Medicine

Tuesday February 6, 2024



Asking for Help: My Journey from Being Honest to Being Well

Courtney Forbis, MD, MS Assistant Professor,

Department of Obstetrics and Gynecology University of New Mexico

Thursday February 15, 2024



Disability as Diversity in Medicine

Peter D. Poullos, MD

Clinical Associate Professor of Radiology, Gastroenterology, and Hepatology Founder and Co-Chair, Stanford Medicine Alliance for Disability Inclusion and Equity (SMADIE)

Thursday February 22, 2024



Sleep and Physician Well-Being

Lauren Whitehurst, PhD

Assistant Professor, Department of Psychology University of Kentucky

Kenneth Lee, MD

Assistant Professor of Neurology, Medical Director, Sleep Disorders Center UChicago Medicine

Wednesday January 31, 2024



Finding Strength in the Community: Sources of Support for your Patients

Schwartz Rounds

A multidisciplinary forum to discuss social and emotional issues that arise in caring for patients

Open to our GME community and all UChicago Medicine employees!

Physician Credit: The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 1.AMA PRA Category 1 Credit**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Participant Credit: Other participants will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for AMA PRA Category 1 Credit** from organizations accredited by the ACCME, please consult your professional licensing board.

Sponsored by



Graduate Medical Education



Bucksbaum Institute for Clinical Excellence



To register, scan the QR code.