JOHN F. GILMORE SYMPOSIUM ON NUTRITION AND SMALL BOWEL DISORDERS

COURSE DIRECTORS
Dejan Micic, MD
Carol Semrad, MD
Elizabeth Wall, RDN-AP

UNIVERSITY OF CHICAGO
Gleacher Center
450 Cityfront Plaza Dr
Chicago, IL 60611

SEPT 23 2023

REGISTER AT: https://cme.uchicago.edu/JGS2023
Training in nutrition is a heterogeneous field, ranging from understanding metabolism in health and disease, micronutrient and macronutrient requirements, nutrient digestion and absorption, and the best route and provision of nutrition support. A broad understanding of nutrition support basics allows healthcare professionals to handle the increasing complexity of patients with multiple comorbid conditions. In addition, it allows providers to introduce the role of diet in disease management, a goal of most patients. The goal of the John F. Gilmore Symposium on Nutrition and Small Bowel Disorders is to introduce healthcare professionals to the field of nutrition support and increase awareness of the role of diet in disease management. It will increase their comfort level with the prescription and management of artificial nutrition (enteral and parenteral nutrition) and help them explore the role of diet in specific gastrointestinal disorders.

CONFERENCE DESCRIPTION

TARGET AUDIENCE
This activity is designed for gastroenterologists, gastroenterology trainees, internists, advanced practice nurses, physician assistants, registered dietitians, nurses, and pharmacists dedicated to caring for patients with nutrition-related disorders.

LEARNING OBJECTIVES
After this activity, participants will be able to:
• Identify basic initial recommendations for the management of malnutrition to provide to patients;
• Select the appropriate enteral feeding tube based on a patient’s unique clinical condition;
• Describe techniques for managing physiologic intolerances to enteral nutrition support and mechanical complications of enteral access devices (e.g., leaking, clogged, and connection incompatibilities);
• Recall the role of diet in the management of IBD, including the postoperative patient and the management of short bowel syndrome (SBS);
• Recommend the appropriate use of parenteral nutrition (PN) with an understanding of the basics of line choice and home monitoring;
• Discuss the challenges of a gluten-free diet and upcoming medical therapies in celiac disease;
• Explain how to counsel patients on weight loss, including dietary, prescription, medical, and endoscopic therapies.

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT
The University of Chicago Pritzker School of Medicine has been long recognized for its exemplary performance in physician education. During the November 2017 re-accreditation review by the ACCME, the University of Chicago was awarded Accreditation with Commendation status through November 2023.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT
University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 6.75 contact hours.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTHCARE PROFESSIONALS CREDIT
Other healthcare professionals will receive a Certificate of Participation.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT
A complete listing of commercial support received will be provided in the conference materials.

ACCOMMODATIONS
Accommodations will be available at the Omni Chicago Hotel located at 676 North Michigan Avenue. Situated right on the Chicago Magnificent Mile.
CONFERENCE FACULTY

University Of Chicago Course Directors

Dejan Micic, MD
Associate Professor of Medicine

Carol Semrad, MD
Professor of Medicine, Director Adult Clinical Nutrition and Small Bowel Disease

Elizabeth Wall, RDN-AP
Nutrition Support Dietitian

Guest Faculty

Dawn W. Adams, MD, MS, CNSC
Medical Director, Center for Human Nutrition
Associate Professor of Medicine, Division of Gastroenterology
Vanderbilt Medical Center
Nashville, TN

Christopher Chapman, MD
Assistant Professor of Medicine
Director of Endoscopy RUMC
Director of Bariatric and Metabolic Endoscopy
Rush University Medical Center
Chicago, IL

John C. Fang, MD
Clarence M. and Ruth N. Birrer Presidential Professor of Medicine
Chief, Division of Gastroenterology, Hepatology & Nutrition
University of Utah Health
Salt Lake City, UT

Peter Green, MD
Professor of Medicine
Columbia University
Medical Center
New York, NY

Vanessa J. Kumpf, PharmD, BCNSP
Clinical Pharmacist Specialist, Nutrition Support
Vanderbilt University Medical Center
Nashville, TN

Courtney T. Luecking, PhD, MPH, RDN
Assistant Professor, Dietetics and Human Nutrition
University of Kentucky
Lexington, KY

Jeremy O’Neal, MS, RDN, CSOWM, LDN
Board Certified Specialist in Obesity and Weight Management
UI Health Hospital
Chicago, IL

George Ou, BSc, MD, MPH, FRCPC
Clinical Assistant Professor, University of British Columbia
Medical Director, BC Home Parenteral and Enteral Nutrition Program
Vancouver, BC, Canada

Shirley Paski, MD
Associate Professor of Medicine
Department of Gastroenterology, Hepatology and Nutrition
Cleveland Clinic
Cleveland, OH

UChicago Faculty

Jean Herlitz, RN, CNSC
Physician Resource Nurse

Edwin K. McDonald IV, MD
Assistant Professor of Medicine
Associate Director, Adult Clinical Nutrition

David T. Rubin, MD
Professor of Medicine
Professor of Pathology
Chief, Section of Gastroenterology, Hepatology and Nutrition

Valerie Reynolds MS, RD, LDN, CNSC, CSO
Clinical Dietitian IV

Lori Welstead, RD
Registered Dietitian IV

DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity is believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim AMA PRA Category 1 Credit™ after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.
# CONFERENCE AGENDA

**SATURDAY, SEPTEMBER 23, 2023**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30 a.m.</td>
<td><strong>REGISTRATION &amp; BREAKFAST</strong></td>
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<tr>
<td>8:00</td>
<td>Welcome Remarks</td>
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<tr>
<td>8:10</td>
<td>Enteral Nutrition: Choosing the Right Tube: Indications and Placement</td>
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<tr>
<td>8:30</td>
<td>Enteral Nutrition: Choosing the Right Formula</td>
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<td>8:50</td>
<td>Managing PEG Complications</td>
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<td>9:10</td>
<td>Panel Discussion Session 1 Faculty</td>
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<td><strong>BREAK</strong></td>
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<tr>
<td>9:40</td>
<td>Identification of Malnutrition – A Clinical Approach</td>
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<tr>
<td>10:00</td>
<td>Role of Diet in the Management of Inflammatory Bowel Diseases</td>
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<td>10:20</td>
<td>Altered Anatomy and Short Bowel Syndrome – Preventing Complications</td>
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<td>10:40</td>
<td>Panel Discussion Session 2 Faculty</td>
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<tr>
<td>11:00</td>
<td>Parenteral Nutrition: Start to Home</td>
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<tr>
<td>11:20</td>
<td>It Comes Down to Access: Line Choice and Maintenance</td>
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<tr>
<td>11:40</td>
<td>Going Home: Education and Monitoring</td>
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<tr>
<td>12:00 p.m.</td>
<td>Panel Discussion Session 3 Faculty</td>
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<td><strong>LUNCH</strong></td>
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<tr>
<td>1:00</td>
<td>Diagnosis in 2023 and Therapies on the Horizon</td>
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<td>1:20</td>
<td>Common Mistakes and Challenges In Initiating A Gluten Free Diet</td>
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<td>1:40</td>
<td>It’s Not Always Celiac Disease – Challenging Cases with Enteropathy</td>
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<td>2:00</td>
<td>Panel Discussion Session 4 Faculty</td>
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<td><strong>BREAK</strong></td>
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<tr>
<td>2:30</td>
<td>Obesity Management Options in 2023: Diet, Exercise, and Beyond</td>
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<tr>
<td>2:45</td>
<td>It’s Here: Effective Medical Therapy for Weight Loss</td>
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<td>3:00</td>
<td>Positioning Endoscopic Therapy for Weight Loss</td>
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<td>3:15</td>
<td>Nutritional Management of the Post-bariatric Patients</td>
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<td>3:30</td>
<td>Panel Discussion Session 5 Faculty</td>
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<tr>
<td>4:00</td>
<td>Fellows and Trainees Q&amp;A Session</td>
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Program agenda and speaker selection subject to change.
How To Register

ONLINE  https://cme.uchicago.edu/JGS2023
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

MAIL  The University of Chicago
         Gilmore Nutrition Symposium
         c/o Lisa Otomo
         5841 S. Maryland Ave., MC 4080
         Chicago, IL 60637

Contact Information

Name ____________________________________________ Degree _______________________

Specialty _______________________________________

Organization ___________________________________

Preferred Mailing Address _________________________

City __________________________ State ________ Zip _______

Phone __________________________ Fax _______________

Email ____________________________

In Case of Emergency __________________________________________

Please indicate any special needs_____________________________

Please indicate any special dietary needs________________________

☐ Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

☐ Colleague  ☐ Save the Date  ☐ Brochure  ☐ Internet  ☐ Email
☐ Journal Ad  ☐ Previous Attendance  ☐ Other _______________________

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 10, 2023. No refunds will be made after September 10, 2023.

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.

REGISTRATION DESCRIPTION

Payment

<table>
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<tr>
<th>Fee</th>
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<tbody>
<tr>
<td>Physicians $75</td>
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<tr>
<td>Other Healthcare Professionals $50</td>
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<tr>
<td>Trainees (virtual option available) FREE</td>
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Payment Total: $