



AT THE FOREFRONT

UChicago
Medicine

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

JOHN F. GILMORE SYMPOSIUM ON **NUTRITION AND SMALL BOWEL DISORDERS**

COURSE DIRECTORS

Dejan Micic, MD
Carol Semrad, MD
Elizabeth Wall, RDN-AP

UNIVERSITY OF CHICAGO

Gleacher Center
450 Cityfront Plaza Dr
Chicago, IL 60611



SCAN ME

**SEPT
23
2023**



REGISTER AT: <https://cme.uchicago.edu/JGS2023>

CONFERENCE DESCRIPTION

Training in nutrition is a heterogeneous field, ranging from understanding metabolism in health and disease, micronutrient and macronutrient requirements, nutrient digestion and absorption, and the best route and provision of nutrition support. A broad understanding of nutrition support basics allows healthcare professionals to handle the increasing complexity of patients with multiple comorbid conditions. In addition, it allows providers to introduce the role of diet in disease management, a goal of most patients. The goal of the **John F. Gilmore Symposium on Nutrition and Small Bowel Disorders** is to introduce healthcare professionals to the field of nutrition support and increase awareness of the role of diet in disease management. It will increase their comfort level with the prescription and management of artificial nutrition (enteral and parenteral nutrition) and help them explore the role of diet in specific gastrointestinal disorders.

TARGET AUDIENCE

This activity is designed for gastroenterologists, gastroenterology trainees, internists, advanced practice nurses, physician assistants, registered dietitians, nurses, and pharmacists dedicated to caring for patients with nutrition-related disorders.

LEARNING OBJECTIVES

After this activity, participants will be able to:

- *Identify basic initial recommendations for the management of malnutrition to provide to patients;*
- *Select the appropriate enteral feeding tube based on a patient's unique clinical condition;*
- *Describe techniques for managing physiologic intolerances to enteral nutrition support and mechanical complications of enteral access devices (e.g., leaking, clogged, and connection incompatibilities);*
- *Recall the role of diet in the management of IBD, including the postoperative patient and the management of short bowel syndrome (SBS);*
- *Recommend the appropriate use of parenteral nutrition (PN) with an understanding of the basics of line choice and home monitoring;*
- *Discuss the challenges of a gluten-free diet and upcoming medical therapies in celiac disease;*
- *Explain how to counsel patients on weight loss, including dietary, prescription, medical, and endoscopic therapies.*

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine has been long recognized for its exemplary performance in physician education. During the November 2017 re-accreditation review by the ACCME, the University of Chicago was awarded Accreditation with Commendation status through November 2023.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing

Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 6.75 contact hours.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTHCARE PROFESSIONALS CREDIT

Other healthcare professionals will receive a Certificate of Participation.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

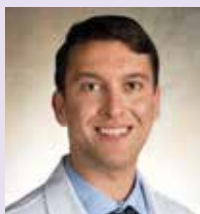
ACCOMMODATIONS

Accommodations will be available at the Omni Chicago Hotel located at 676 North Michigan Avenue. Situated right on the Chicago Magnificent Mile.



CONFERENCE FACULTY

University Of Chicago Course Directors



Dejan Micic, MD

Associate Professor of
Medicine



Carol Semrad, MD

Professor of Medicine,
Director Adult Clinical
Nutrition and Small Bowel
Disease



Elizabeth Wall, RDN-AP

Nutrition Support Dietitian

Guest Faculty

Dawn W. Adams, MD, MS, CNCS

Medical Director, Center for
Human Nutrition
Associate Professor of
Medicine, Division of
Gastroenterology
Vanderbilt Medical Center
Nashville, TN

Christopher Chapman, MD

Assistant Professor of Medicine
Director of Endoscopy RUMC
Director of Bariatric and
Metabolic Endoscopy
Rush University Medical Center
Chicago, IL

John C. Fang, MD

Clarence M. and Ruth N. Birrer
Presidential Professor of
Medicine
Chief, Division of
Gastroenterology, Hepatology
& Nutrition
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Peter Green, MD

Professor of Medicine
Columbia University
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Vanessa J. Kumpf, PharmD, BCNSP

Clinical Pharmacist Specialist,
Nutrition Support
Vanderbilt University Medical
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Nashville, TN

Courtney T. Luecking, PhD, MPH, RDN

Assistant Professor, Dietetics
and Human Nutrition
University of Kentucky
Lexington, KY

Jeremy O'Neal, MS, RDN, CSOWM, LDN

Board Certified Specialist in
Obesity and Weight
Management
UI Health Hospital
Chicago, IL

George Ou, BSc, MD, MPH, FRCPC

Clinical Assistant Professor,
University of British Columbia
Medical Director, BC Home
Parenteral and Enteral Nutrition
Program
Vancouver, BC, Canada

Shirley Paski, MD

Associate Professor of Medicine
Department of
Gastroenterology, Hepatology
and Nutrition
Cleveland Clinic
Cleveland, OH

UChicago Faculty

Jean Herlitz, RN, CNCS

Physician Resource Nurse

Edwin K. McDonald IV, MD

Assistant Professor of Medicine
Associate Director, Adult
Clinical Nutrition

David T. Rubin, MD

Professor of Medicine
Professor of Pathology
Chief, Section of
Gastroenterology, Hepatology
and Nutrition

Valerie Reynolds MS, RD, LDN, CNCS, CSO

Clinical Dietitian IV

Lori Welstead, RD

Registered Dietitian IV

DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim *AMA PRA Category 1 Credit™* after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

CONFERENCE AGENDA

SATURDAY, SEPTEMBER 23, 2023

7:30 a.m. **REGISTRATION & BREAKFAST**

8:00 **Welcome Remarks**

ENTERAL NUTRITION: WHAT THE PRACTICING GASTROENTEROLOGIST NEEDS TO KNOW

8:10 **Choosing the Right Tube: Indications and Placement** John Fang, MD

8:30 **Enteral Nutrition: Choosing the Right Formula** Valerie Reynolds, RD

8:50 **Managing PEG Complications** Shirley Paski, MD

9:10 **Panel Discussion** Session 1 Faculty

BREAK

INFLAMMATORY BOWEL DISEASE: IMPROVING OUTCOMES WITH NUTRITION

9:40 **Identification of Malnutrition – A Clinical Approach** Elizabeth Wall, RDN-AP

10:00 **Role of Diet in the Management of Inflammatory Bowel Diseases**
David T. Rubin, MD

10:20 **Altered Anatomy and Short Bowel Syndrome – Preventing Complications**
Dejan Micic, MD

10:40 **Panel Discussion** Session 2 Faculty

PARENTERAL NUTRITION: START TO HOME

11:00 **PN 101: What's In It To Start?** George Ou, MD

11:20 **It Comes Down to Access: Line Choice and Maintenance** Jean Herlitz, RN

11:40 **Going Home: Education and Monitoring** Vanessa Kumpf, PharmD

12:00 p.m. **Panel Discussion** Session 3 Faculty

LUNCH

REFINING THE DIAGNOSIS AND TREATMENT FOR CELIAC DISEASE

1:00 **Diagnosis in 2023 and Therapies on the Horizon** Peter Green, MD

1:20 **Common Mistakes and Challenges In Initiating A Gluten Free Diet**
Lori Welstead, RD

1:40 **It's Not Always Celiac Disease – Challenging Cases with Enteropathy**
Dawn Adams, MD

2:00 **Panel Discussion** Session 4 Faculty

BREAK

OBESITY MANAGEMENT OPTIONS IN 2023: DIET, EXERCISE, AND BEYOND

2:30 **It Starts with Prevention: Diet for Weight Control** Courtney Luecking, PhD

2:45 **It's Here: Effective Medical Therapy for Weight Loss** Edwin McDonald, MD

3:00 **Positioning Endoscopic Therapy for Weight Loss** Christopher Chapman, MD

3:15 **Nutritional Management of the Post-bariatric Patients** Jeremy O'Neal, RDN


3:30 **Panel Discussion** Session 5 Faculty

ADJOURN


4:00 **Fellows and Trainees Q&A Session**

REGISTRATION DESCRIPTION

How To Register

 **ONLINE** <https://cme.uchicago.edu/JGS2023>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Gilmore Nutrition Symposium
c/o Lisa Otomo
5841 S. Maryland Ave., MC 4080
Chicago, IL 60637

Payment

	Fee
Physicians	\$75
Other Healthcare Professionals	\$50
Trainees (virtual option available)	FREE
Payment Total: \$	

Contact Information

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Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

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Please indicate any special dietary needs _____

Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)

You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

Colleague Save the Date Brochure Internet Email

Journal Ad Previous Attendance Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 10, 2023. **No refunds will be made after September 10, 2023.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.



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The University of Chicago

Section of Gastroenterology, Hepatology & Nutrition

5841 S. Maryland Ave., MC 4076

Chicago, IL 60637