



AT THE FOREFRONT

UChicago
Medicine

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

5TH ANNUAL **WOMEN IN DIGESTIVE DISEASES: AT THE FOREFRONT**

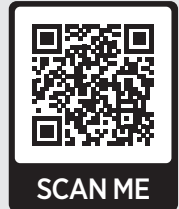
A HYBRID CONFERENCE – IN PERSON AND STREAMING

COURSE DIRECTORS

Nina Gupta, MD
Vijaya Rao, MD

UNIVERSITY OF CHICAGO

Virtually or
In Person (limited attendance)
Rubenstein Forum
1201 E. 60th Street
Chicago, IL 60637



SCAN ME

MAR
4
2023



REGISTER AT: <https://cme.uchicago.edu/WDD2023>

CONFERENCE DESCRIPTION

Women face unique challenges in the field of digestive diseases, both as patients and as practitioners. While formal medical training and most published literature do not typically address gender differences, the *5th Annual Women in Digestive Diseases: At the Forefront* will address these challenges in an exciting and interactive forum.

Topics include the symptoms, diagnosis, and treatment of common gastrointestinal and liver diseases that afflict women more commonly and/or differently than men as well as strategic solutions to barriers women gastroenterologists and other women providers in gastroenterology face in their career development.

The educational information presented in this activity aims to discuss the diagnosis, symptoms, and treatment of common gastrointestinal and liver diseases that afflict women more commonly and/or in different ways than men. This activity also aims to discuss strategic solutions to barriers that women gastroenterologists and other women healthcare providers face in their career development. The educational information presented in this activity is expected to add to the participants' knowledge about gastrointestinal diseases that afflict women more commonly and how to recognize and manage them. As such, it will improve their competence and performance as they apply the knowledge in their own practice, which will in turn translate into better patient outcomes. The career development topics are expected to help the

women gastroenterologists and other women providers navigate challenges they face in their career, whether in private practice or academia, to allow them to find success and progress further in their chosen paths.

For the fifth year of this conference, this activity will also offer a virtual streaming option, allowing participants to join the event even if they are not able to attend in person. The goal of this feature is to reduce barriers for clinicians to receive this important education so more practitioners can have an even greater impact on patient care. This option will provide greater access for clinicians who may not have adequate time or resources to participate in person.

TARGET AUDIENCE

This activity is designed for physicians, nurses, and other healthcare professionals interested in the treatment of women with gastrointestinal illnesses and the career development of women providers in the field of gastroenterology.

LEARNING OBJECTIVES

After this activity, participants will be able to:

- *Discuss the appropriate use of imaging modalities in the diagnosis and management of gastrointestinal bleeding;*
- *Identify high-risk patients based on family history and endoscopic findings who are appropriate for genetic testing and evaluation in high-risk gastrointestinal cancer clinics;*
- *State the appropriate use of emerging therapies in the management of eosinophilic gastrointestinal disorders;*
- *Determine strategies that help women healthcare providers overcome barriers in the advancement of their careers and promote success in their chosen paths;*
- *Recognize barriers to fertility among female health care providers, options for oocyte cryopreservation, and a common approach to infertility;*
- *Distinguish how to implement recommendations on dietary modifications that optimize gastrointestinal health in women.*

ACCREDITATION AND CREDIT DESIGNATION PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine has been long recognized for its exemplary performance in physician education. During the November 2017 re-accreditation review by the ACCME, the University of Chicago was awarded Accreditation with Commendation status through November 2023.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

University of Chicago Medicine is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Participants who successfully complete the entire activity and complete an evaluation form will earn 5 contact hours.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTHCARE PROFESSIONALS CREDIT

Other healthcare professionals will receive a Certificate of Participation.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

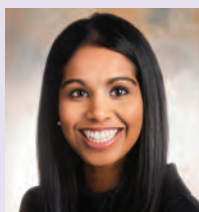
CONFERENCE FACULTY

Course Directors



Nina Gupta, MD

Clinical Associate of Medicine



Vijaya Rao, MD

Assistant Professor of Medicine
Director, Student and Resident Rotations

Guest Faculty

Nirmala Gonsalves, MD, AGAF, FACC

Professor of Medicine
Co-Director, Eosinophilic Gastrointestinal Disorders Program
GI Division Director of Faculty Development & Wellness
Northwestern University -
Feinberg School of Medicine
Chicago, IL

Jennifer Christie, MD, AGAF, FASGE

President-Elect, American Society for Gastrointestinal Endoscopy
Professor and Executive Associate
Division Director, Digestive Diseases
Clinical Director, and Medical Director, ASC GI Endoscopy
Eminent Clinician, The Emory Clinic
The Emory University School of Medicine
Atlanta, GA

UChicago Faculty

Amanda Adeleye, MD

Assistant Professor of Obstetrics and Gynecology

Allison Crawford, MD

Assistant Professor of Medicine

Divya Kumari, MD

Assistant Professor of Radiology

Anjana Pillai, MD

Associate Professor of Medicine
Co-Director, Living Donor Liver Transplant Program
Medical Director, Liver Tumor Program
Director, Transplant Hepatology Fellowship Program

Lori Welstead, RD

Registered Dietitian

DISCLAIMER

The views expressed in this activity are those of the individual speaker. It should not be inferred or assumed that they are expressing the views of any pharmaceutical or product/device manufacturer, provider of commercial services, or The University of Chicago. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult the full prescribing information on any agent(s) presented in this activity for recommended dosage, indications, contraindications, warnings, precautions, and adverse effects before prescribing any medication. This is particularly important when a drug is new or infrequently prescribed.

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Please Note: Requests to claim *AMA PRA Category 1 Credit™* after three months will be subject to additional fees.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

CONFERENCE AGENDA

SATURDAY, MARCH 4, 2023

7:30 a.m. **REGISTRATION & BREAKFAST**

8:00 **Welcome Remarks** Vijaya Rao, MD

SESSION 1

8:10 **Alcohol Associated Liver Disease in Women** Anjana Pillai, MD

8:30 **Management of GI Bleeding: An IR Perspective** Divya Kumari, MD

8:50 **When to Refer to High Risk GI Cancer Clinic** Nina Gupta, MD

9:10 **Food as Medicine** Allison Crawford, MD

9:30 **Panel Discussion** Session 1 Faculty

9:45 **BREAK**

SESSION 2

10:00 **Common Pitfalls When Implementing a Gluten Free Diet in Celiac Disease** Lori Welstead, RD

10:20 **Updates in Eosinophilic GI Disorders** Nirmala Gonsalves, MD

10:50 **Barriers to Fertility in Health Care Providers** Amanda Adeleye, MD

11:10 **KEYNOTE CLINICAL TALK: Bowel Movements Are Everything: Managing Refractory Constipation** Jennifer Christie, MD

11:30 **Panel Discussion** Session 2 Faculty

11:45 a.m. **LUNCH BREAK**

SESSION 3

12:15 p.m. **Cooking Demonstration: Healthy Eating Tips for the GI Patient**
Allison Crawford, MD

12:45 p.m. **KEYNOTE: Network Creation**
Jennifer Christie, MD

1:45 **Panel Discussion** Session 3 Faculty


2:00 **Closing Remarks** Course Directors

2:05 p.m. **ADJOURN**

CLIP HERE TO MAIL IN REGISTRATION FORM

REGISTRATION DESCRIPTION

How To Register

 **ONLINE** <https://cme.uchicago.edu/WDD2023>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Women in Digestive Diseases: At the Forefront
c/o Amy Majkowski
5841 S. Maryland Ave., MC 4076
Chicago, IL 60637

Payment

	Fee
Physicians	\$75
Advanced Practice Providers/ Nurses/Other Healthcare Professionals	\$50
Trainees	FREE
Payment Total: \$	
I will attend: <input type="checkbox"/> Virtually <i>or</i> <input type="checkbox"/> In Person	

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)

You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

Colleague Save the Date Brochure Internet Email
 Journal Ad Previous Attendance Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by February 10, 2023. **No refunds will be made after February 10, 2023.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.



**PREVIOUS ATTENDEES
HAD THIS TO SAY:**

“Great advise. Very inspiring!”

“Most excellent topic and overview. I truly appreciate this talk and information!!”

“...thanks so much for this timely and sensitive input!”

“Amazing keynote speaker!”

“...brilliant and very helpful...”

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March 4, 2023 | University of Chicago

Center for Care and Discovery, Chicago, IL

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Section of Gastroenterology, Hepatology & Nutrition
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