

21ST ANNUAL CONFERENCE

Rodney Appell Memorial Update in Gynecologic Urology

February 11-13, 2016

Marriott Grand Cayman

Course Director: Peter K. Sand, MD

Educational Partner: Meeting Achievements



Register at UrogynecologyCourses.com



General Information

Course Description

This course is intended to provide the gynecologist and/or urologist with a functional understanding of the latest innovations in the evaluation and treatment of women with lower urogenital tract symptoms and voiding dysfunction. The didactic sessions will provide the participant with the basic knowledge of how to evaluate and treat women with lower urogenital tract abnormalities, pelvic prolapse, incontinence, pelvic pain and vaginal mesh complications. Basic and advanced techniques for the evaluation and treatment of women with incontinence and pelvic floor dysfunction will be discussed by a faculty of experts. The video sessions will provide the participant with an opportunity to view actual procedures and techniques discussed in the didactic sessions. The question and answer sessions will enable the participants to better appreciate the differences and diversity of approaches to treat these conditions. Both the question and answer sessions and video presentations will also allow the participants to interact with the faculty in a more informal atmosphere for an open exchange of ideas.

Conference Objectives

Upon completion of this course, the participants will be able to:

1. *Evaluate and treat genital prolapse both non-surgically and surgically;*
2. *Identify how anti-incontinence operations work and their associated risks and benefits;*
3. *Describe how to use and treat the complications of adjuvant grafts in reconstructive pelvic surgery;*
4. *Identify and treat women with overactive bladder syndrome and also explain how to treat those with refractory symptoms.*

Target Audience

The target audience for this activity includes Gynecologists, Urologists, Nurses, and other Allied Health Care Professionals seeking a comprehensive review of female pelvic medicine.

Accreditation and Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Chicago Pritzker School of Medicine and NorthShore University HealthSystem. The University of Chicago Pritzker School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of **19.25 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of certificates of participation for education activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME, please consult your professional licensing board.

Location & Accommodations

Conference Location

The program will be held at the Marriott Grand Cayman. Please contact the hotel directly at 345.949.0088 for any lodging questions.

Hotel Accommodations

Reserve before January 7, 2016

A block of rooms has been reserved at the Marriott Grand Cayman starting at a rate of \$399.00 plus tax (single or double occupancy). In order to receive this rate, reservations MUST be made through our meeting planners at:

Meeting Achievements – Toll Free 866.798.6338

Email: Urogyn@meetingachievements.com

Reservations must be made before January 7, 2016 to ensure availability and group rates.

All rooms reserved after this date are subject to availability. All rooms must be guaranteed with a major credit card. Grand Cayman, with its beautiful seven mile beach, is a very popular vacation and convention destination.

We recommend that you make your reservations as soon as possible in order to guarantee accommodations.

NorthShore University HealthSystem and The University of Chicago reserve the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, NorthShore University HealthSystem and The University of Chicago are not responsible for any related costs, charges or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Additional Information

For information regarding course content, contact Peter K. Sand, MD, by email at psand@northshore.org.

For information regarding course registration, lodging, travel information or course credit, contact Meeting Achievements at 219.465.1115 or email polly@meetingachievements.com.

Educational Grants/Commercial Support

A complete listing of commercial support received will be provided in the conference materials.

 Register at UrogynecologyCourses.com

Faculty

Course Director

Peter K. Sand, MD

Director, Evanston Continence Center

Division of Urogynecology

NorthShore University HealthSystem

Clinical Professor of Obstetrics & Gynecology

University of Chicago Pritzker School of Medicine

Chicago, Illinois

Faculty

Matthew Barber, MD

Associate Professor of Obstetrics & Gynecology

Cleveland Clinic Foundation

Cleveland, Ohio

Roger Dmochowski, MD

Professor of Surgery

Director, Section of Female Urology

Department of Urology

Vanderbilt University

Nashville, Tennessee

Victor Nitti, MD

Professor and Vice-Chairman

Department of Urology

Director of Female Pelvic Medicine and

Reconstructive Surgery

New York University Langone Medical Center

New York, New York

Karen Sasso, RN, APN, BSN, MSN, CCCN

Program Manager

Urogynecology Clinical Nurse Specialist

NorthShore University HealthSystem

Skokie, Illinois

Bob Shull, MD

Professor of Obstetrics & Gynecology

Scott & White Clinic

Texas A&M College of Medicine

Temple, Texas

Faculty Disclosure

It is the policy of the University of Chicago to ensure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly sponsored educational activities. Individuals who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Mechanisms to ensure that presentations are free from commercial bias are in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Full disclosure of this information will be published in the activity materials.



Program

Thursday, February 11, 2016

6:00 a.m.	Registration, Continental Breakfast and Exhibits	
7:00 a.m.	Introduction/Opening Remarks	Peter K. Sand, MD
7:05 a.m.	Pelvic Anatomy for the Reconstructive Surgeon	Matthew Barber, MD
7:30 a.m.	Office Evaluation for Pelvic Floor Dysfunction	Bob Shull, MD
8:00 a.m.	Urodynamic Investigation of the Storage Phase	Peter K. Sand, MD
8:30 a.m.	Urodynamic Investigation of the Voiding Phase	Roger Dmochowski, MD
9:00 a.m.	Treatment of Idiopathic, Neurogenic & Iatrogenic Retention	Victor Nitti, MD
9:30 a.m.	Questions & Answers	
9:40 a.m.	Refreshment Break & Exhibits	
10:10 a.m.	Advances in the Treatment of the Bladder Pain Syndrome	Peter K. Sand, MD
10:40 a.m.	How to Incorporate Behavioral Therapy, Electrical Stimulation and Devices to Treat Incontinence in Your Practice	Karen Sasso, RN, MSN
11:10 a.m.	Pharmacologic Treatment of Urinary Incontinence	Roger Dmochowski, MD
11:40 a.m.	Neuromodulation for Idiopathic and Neurogenic OAB	Peter K. Sand, MD
12:10 p.m.	Botulinum Toxin for Idiopathic & Neurogenic OAB	Victor Nitti, MD
12:40 p.m.	Treating Idiopathic and Postoperative Vulvovaginal Pain	Matthew Barber, MD
1:10 p.m.	Questions & Answers	
1:25 p.m.	Adjourn	

Friday, February 12, 2016

6:00 a.m.	Registration, Continental Breakfast & Exhibits	
6:00 a.m.	Surgical Videos: <i>Surgical videos demonstrating incontinence operations, urethral and vulvar procedures will be shown and discussed</i>	Faculty
7:00 a.m.	Retropubic Urethropexy: Back to the Future	Bob Shull, MD
7:30 a.m.	The Place for Single Incision Slings	Roger Dmochowski, MD
8:00 a.m.	Choosing the Right Midurethral Sling	Matthew Barber, MD
8:30 a.m.	When & How to Use a Bladder Neck Sling	Victor Nitti, MD
9:00 a.m.	Pessaries for Incontinence & Prolapse	Bob Shull, MD
9:30 a.m.	How I Handle Refractory Incontinence	Peter K. Sand, MD
10:00 a.m.	Questions & Answers	
10:10 a.m.	Refreshment Break & Exhibits	
10:40 a.m.	Complications of Anti-Incontinence Operations	Matthew Barber, MD
11:10 a.m.	Diagnosis and Treatment of Urinary Fistulae & Diverticulae	Victor Nitti, MD
11:40 a.m.	AUA Guidelines & the Changing Management of Hematuria	Roger Dmochowski, MD
12:15 p.m.	How to Best Manage Recurrent UTI's & Bacterial Persistence	Victor Nitti, MD
12:45 p.m.	Questions & Answers	
1:00 p.m.	Adjourn	



Register at UrogyneCourses.com

Saturday, February 13, 2016

6:00 a.m.	Registration, Continental Breakfast & Exhibits	
6:00 a.m.	Prolapse Videos: Operative videos of abdominal and vaginal reconstructive procedures will be shown and discussed	Faculty
7:00 a.m.	Treatment of Anterior Compartment Prolapse With & Without Adjuvant Grafts	Matthew Barber, MD
7:30 a.m.	Treatment of Posterior Compartment Prolapse With & Without Adjuvant Grafts	Peter K. Sand, MD
8:00 a.m.	Vaginal Repair of Apical Prolapse	Bob Shull, MD
8:30 a.m.	Abdominal Repairs for Apical Prolapse	Roger Dmochowski, MD
9:00 a.m.	Is There a Place for Robotic & Laparoscopic Prolapse Surgery in the Future?	Matthew Barber, MD
9:30 a.m.	Colpocleisis & Colpectomy	Bob Shull, MD
10:00 a.m.	Questions & Answers	
10:10 a.m.	Refreshment Break & Exhibits	
10:40 a.m.	Critical Analysis of the Risks and Benefits of Polypropylene Mesh	Matthew Barber, MD
11:10 a.m.	Mesh Complications	Roger Dmochowski, MD
11:40 a.m.	Video Session: Complications of Prolapse & Incontinence Surgery	Drs. Barber, Dmochowski, Nitti, Sand & Shull
12:40 p.m.	Surgical Treatment for Urinary Retention	Victor Nitti, MD
1:10 p.m.	Questions & Answers	
1:30 p.m.	Adjourn	

Urogynecology Fellowship Urogynecology Preceptorship

The Department of Obstetrics and Gynecology at NorthShore University HealthSystem offers a three-year fellowship program in Female Pelvic Medicine to qualified graduates of accredited residencies in obstetrics and gynecology. This program is intended to give the Fellow advanced training in the evaluation and treatment of women with lower urinary tract symptoms. Emphasis is placed on clinical research, urodynamic methodology and operative and non-operative therapies.

Dr. Sand offers one, two and four week clinical preceptorships at the Evanston Continence Center to interested gynecologists, urologists and other healthcare providers throughout the year. Please contact Dr. Sand by email at psand@northshore.org. This is an observership where the participant will observe patients being evaluated and treated in the office and the operating room. The fee is \$1,000 for the first week and \$750 for subsequent weeks.

Registration

The registration fee is \$895 for Physicians and \$695 for Residents and Fellows (accompanied by letters from their Chiefs of Service) and Nurses. The fee includes conference registration, continental breakfasts, refreshment breaks, and conference materials. **While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service to our participants.**

Physicians

Early Registration (Before 11/1/15).....	\$795
Regular Registration	\$895

Residents, Fellows, Nurses

Early Registration (Before 11/1/15).....	\$595
Regular Registration	\$695

(Residents and Fellows must enclose letters from their Chiefs of Service)

How to Register

 **ONLINE:**
www.UrogynecologyCourses.com

 **MAIL:**
Meeting Achievements
232 East 500 North
Valparaiso, IN 46383

 **FAX:**
Credit Card
Payments Only to:
219.548.8619

Cancellation Policy

If you cancel your participation in this conference, your registration fee less a \$100 administrative fee, will be refunded when written notification is received by January 7, 2016. No refunds will be made after January 7, 2016. You must contact our meeting planners (or your travel agent) directly to cancel your travel arrangements.

Accessibility

The conference co-sponsors and educational partner are committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodations, please contact Meeting Achievements at 219.465.1115 or via email at polly@meetingachievements.com.

Contact Information (Please type or print clearly)

Name _____ Degree _____

Medical Specialty _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Payment (Please check all that apply)

- You must check this box if you do not want your contact information (City/State only) shared with conference participants and/or exhibitors to inform you of educational activities.
- Do you want a print copy of the Syllabi for an additional \$100? Yes No
- Check enclosed (U.S. funds only), payable to **Meeting Achievements (Tax ID 37-1464588)**
- Charge Total \$ _____ to my MasterCard Visa American Express

Name as it appears on Card _____

Card # _____ Exp. Date _____ / _____

Signature _____

For additional information about this activity, please contact Meeting Achievements at 219.465.1115

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