

23rd Annual Primary Care Orthopaedics

AGENDA

WEDNESDAY

6:15 AM Registration and Continental Breakfast

7:00 Welcome and Introduction – Dr. Ho

SESSION 1: RADIOLOGY IN ORTHOPAEDICS

7:15 Orthopaedic Radiology – Dr. Stacy

SESSION 2: ORTHOPAEDIC TRAUMA

7:45 Adult Lower Extremity Fractures – Dr. Haydon

8:15 Adult Upper Extremity Fractures – Dr. Angeles

8:45 Value-based Musculoskeletal Care – Dr. Dirschl

9:15 **SPOTLIGHT LECTURE** – Dr. Howes – *36 years of Orthopedic Trauma in the ER: What I've Learned*

9:45 Q&A

10:00 Break

SESSION 3: ADULT SPINE

10:15 Adult Cervical and Thoracic Spine – Dr. Lee

10:45 Adult Lumbar Spine – Dr. Mok

SESSION 4: FOOT AND ANKLE

11:15 Adult Foot – Dr. Toolan

11:45 Adult Ankle – Dr. Hynes

12:15 PM Q&A

12:30 Lunch

CONCURRENT WORKSHOPS

1:15-2:15

A. Foot and Ankle – Dr. Toolan and Dr. Hynes

B. Reading Orthopaedic X-Rays & MRIs – Dr. Stacy

2:15-3:15

C. Spine Exam – Dr. Glitter and Dr. Lee

D. Reading Orthopaedic X-Rays & MRIs – Dr. Stacy

3:15-4:15

E. Joint Injection – Dr. Ho and Dr. Athiviraham

F. Spine Exam – Dr. Gittler and Dr. Lee

4:15 Adjourn

THURSDAY

6:45 Breakfast

SESSION 7: ADULT UPPER EXTREMITY

7: 15 Acute Hand and Wrist Injuries – Dr. Mass

7:45 Subacute & Chronic Hand/Wrist Problems – Dr. Conti Mica

8:15 Adult Elbow & Shoulder (Non-Sports Related) – Dr. Shi

8:45 **Spotlight Lecture** – *Lateral Elbow Pain: New Perspectives on a Common Problem* - Dr. Wolf

9:15 Q&A

9:30 *Controversies in Tendinopathy: Modalities, Dry needling, and Exercise Evidence* – Dr. Maninang

9:45 *Panel Discussion: Controversies in the Use of Modalities and Alternative Medicine in Treating Musculoskeletal Injuries* – Dr. Maninang, Dr. Wolf, Dr. Shi, Dr. Ho

10:15 Break

SESSION 6: SPORTS MEDICINE

10:30 Common Adult Sports Shoulder Injuries – Dr. Ho

11:00 Common Adult Sports Knee Injuries – Dr. Athiviraham

11:30 Traumatic Brain Injuries/Concussions – Dr. Oliveira

12:00 Tendon Injuries and Musculoskeletal Ultrasound - Dr. Oliveira

12:30 Q&A

12:45 Lunch

CONCURRENT WORKSHOPS

1:30-2:30

G. Shoulder Exam – Dr. Athiviraham, Dr. Ho, Dr. Oliveira

H. Hand/Wrist Exam – Dr. Conti Mica, Dr. Mass, Dr. Wolf

2:30-3:30

I. Shoulder Exam – Dr. Athiviraham, Dr. Ho, Dr. Oliveira

J. Small Joint Injection – Dr. Conti Mica, Dr. Mass, Dr. Wolf

3:30-4:30

K. Large Joint Injection – Dr. Athiviraham, Dr. Ho, Dr. Oliveira

L. Hand/Wrist Exam – Dr. Conti Mica, Dr. Mass, Dr. Wolf

4:30 Adjourn

FRIDAY

6:45 Breakfast

SESSION 7: ADULT HIP AND KNEE

7: 15 Degenerative Knee Problems – Dr. Balach

7:45 Degenerative Hip Problems – Dr. Luu

8:15 Non-Arthritic Hip Problems – Dr. Ho

8:45 Q&A

9:00 *Spotlight Lecture*– *20 Days in Rio: Observations of an American team physician, caring for the Chinese women’s volleyball team, at the 2016 Olympic Games in Brazil*– Dr. Ho

9:45 Break

SESSION 8: PEDIATRIC ORTHOPAEDICS

10:00 Pediatric Sports Injuries – Dr. Benjamin
10:30 Developmental Disorders of the Hip – Dr. Bielski
11:00 Pediatric Bone and Joint Infections – Dr. Bielski
11:30 Developmental Lower Extremity Problems – Dr. Sullivan
12:00 Pediatric Spinal Deformity and Infections – Dr. Sullivan
12:30 Q&A

12:45 Lunch

CONCURRENT WORKSHOPS

1:30-2:30
G. Knee Exam / Dr. Athiviraham and Dr. Benjamin
H. Hip Exam – Dr. Ho and Dr. Oliveira
2:30-3:30
G. Knee Exam / Dr. Athiviraham and Dr. Benjamin
H. Hip Exam – Dr. Ho and Dr. Oliveira

3:30 Conference Adjourned