



AT THE FOREFRONT

**UChicago  
Medicine**

Digestive  
Diseases  
Center

Join UChicago Medicine for this Virtual Conference

# ANNUAL UPDATES IN DIGESTIVE DISEASES

## CONFERENCE CO-DIRECTORS

Sushila Dalal, MD—UChicago Medicine

Sajan Nagpal, MBBS—UChicago Medicine

Benjamin Shogan, MD—UChicago Medicine

## KEYNOTE SPEAKER

Brennan Spiegel, MD, MSHS—Cedars-Sinai

SEPT.  
**25**  
2021



REGISTER ONLINE: <https://cme.uchicago.edu/DigestiveDiseases2021>

# CONFERENCE DESCRIPTION

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## Annual Updates in Digestive

**Diseases** will provide up-to-date evidence-based education in the diagnosis and management of gastrointestinal and liver diseases presented by experts in the field. It will also focus on providing high-yield board examination preparation that will lead to highly trained healthcare professionals able to provide the highest level of patient care.

This conference will cover a wide range of topics critical to clinicians who treat patients with gastrointestinal and liver diseases, including the latest evidence-based medicine in diagnosis and management, emerging medical and surgical technologies, application of high-yield clinical pearls in diagnosis of complex diseases, expert views on varied approaches to controversial areas of disease management, and new guidelines for therapeutic disease monitoring and management.

## TARGET AUDIENCE

This activity is designed for gastroenterologists and colorectal surgeons as well as nurse practitioners, physician assistants and advanced practice providers, nurses, and other healthcare professionals who care for patients diagnosed with gastrointestinal and liver diseases.

## LEARNING OBJECTIVES

At the conclusion of this education activity, participants will be able to:

- *Describe how to implement evidence-based medicine in the diagnosis and management of gastrointestinal and liver diseases;*
- *State the role of emerging technologies for medical and surgical management of gastrointestinal diseases such as endoscopic management of obesity and surgical management of GERD;*
- *Discuss how to apply high-yield clinical pearls to diagnose complex gastrointestinal diseases;*
- *Evaluate different views in controversial areas of the management of gastrointestinal and liver diseases;*
- *Outline new guidelines for the therapeutic monitoring and management of gastrointestinal diseases such as review of new guidelines for colon cancer screening and guideline for use of medical therapy in inflammatory bowel disease.*

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## ACCREDITATION AND CREDIT DESIGNATION

### PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of *7.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### OTHER HEALTHCARE PROFESSIONS CREDIT

Other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME, please consult your professional licensing board.

## EDUCATIONAL GRANTS/ COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

## DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine asks everyone in a position to control the content of an education activity to disclose all financial relationships with any ineligible companies. This includes any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Financial relationships are relevant if a financial relationship, in any amount, exists between the person in control of content and an ineligible company during the past 24 months, and the content of the education is related to the products of an ineligible company with whom the person has a financial relationship. Mechanisms are in place to identify and mitigate any relevant financial relationships prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine requires Authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration at first mention and where appropriate in the content.

# CONFERENCE FACULTY

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## Course Directors

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**Sushila Dalal, MD**  
Assistant Professor of Medicine



**Sajan Nagpal, MBBS**  
Assistant Professor of Medicine  
Director, Pancreas Clinic



**Benjamin Shogan, MD**  
Assistant Professor of Surgery

## UChicago Speakers

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**Rolf Barth, MD**  
Professor of Surgery  
Director, Liver, Kidney and  
Pancreas Transplantation  
Associate Director, Transplant  
Institute

**Alyse Bedell, PhD**  
GI Health Psychologist  
Assistant Professor of  
Psychiatry and Behavioral  
Neuroscience

**Christopher Chapman, MD**  
Assistant Professor of Medicine  
Director, Bariatric and Metabolic  
Endoscopy

**Michael Charlton, MD, FRCP**  
Professor of Medicine  
Medical Director,  
Transplantation Institute  
Director, Center for Liver  
Diseases

**Russell D. Cohen, MD**  
Professor of Medicine  
Director, Inflammatory Bowel  
Disease Center  
Co-Director, Advanced IBD  
Fellowship Program

**Christine Drogan, MS, LCGC**  
Licensed Certified Genetic  
Counselor

**Kinga Skowron Olortegui, MD**  
Assistant Professor of Surgery

**Robert Kavitt, MD, MPH**  
Associate Professor of Medicine  
Director, Center for Esophageal  
Diseases

**Sonia Kupfer, MD**  
Associate Professor of Medicine  
Director, Gastrointestinal Cancer  
Risk and Prevention Clinic

**Anjana A. Pillai, MD**  
Associate Professor of Medicine  
Medical Director, Liver Tumor  
Clinic

**Vivek N. Prachand, MD, FACS**  
Professor of Surgery  
Chief Quality Officer,  
Department of Surgery

**David T. Rubin, MD**  
Joseph B. Kirsner Professor of  
Medicine  
Chief, Section of  
Gastroenterology, Hepatology &  
Nutrition  
Co-Director, Digestive Diseases  
Center

**Carol E. Semrad, MD**  
Professor of Medicine  
Director, Small Bowel Disease &  
Nutrition

**Neil Sengupta, MD**  
Assistant Professor of Medicine

**Uzma D. Siddiqui, MD**  
Associate Professor of Medicine  
Director, Center for Endoscopic  
Research and Therapeutics  
(CERT)  
Director, EUS and Advanced  
Endoscopy Training Program

**Helen S. Te, MD**  
Professor of Medicine  
Medical Director, Adult Liver  
Transplantation

**Yalini Vigneswaran, MD, MS**  
Assistant Professor of Surgery

## Keynote Visiting Speaker

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**Brennan Spiegel, MD, MSHS**  
Editor-in-Chief, American  
Journal of Gastroenterology  
Director of Health Services  
Research, Cedars-Sinai  
Health System  
Director, Center for Outcomes  
Research and Education (CORE)  
Professor of Medicine  
Cedars-Sinai,  
Los Angeles, CA

# CONFERENCE AGENDA

SATURDAY, SEPTEMBER 25, 2021

7:55 a.m. **Welcome**

Conference Co-Directors: Sushila Dalal, MD; Sajan Nagpal, MBBS; and Benjamin Shogan, MD

## **SESSION 1: Foregut & Functional GI Disorders**

Moderator: Sajan Nagpal, MBBS

8:00 **Overview of Celiac Disease & Nutrition Programs** Carol E. Semrad, MD

8:05 **Diagnosis of Celiac Disease in 2021 – Is Biopsy Optional?**

Carol E. Semrad, MD

8:25 **Eosinophilic Esophagitis: Where Are We At In 2021?**

Robert Kavitt, MD, MPH

8:45 **Moving Beyond Nissen Fundoplication, Advances In GERD Surgical Treatment** Yalini Vigneswaran, MD, MS

9:05 **Psychological Treatment of Disorders of Gut Brain Interaction**

Alyse Bedell, PhD

9:25 **BREAK**

## **SESSION II: Liver Disorders**

Moderator: Sushila Dalal, MD

9:40 **Overview of Hepatology Programs** Michael Charlton, MD, FRCP

9:45 **Updates in NAFLD Treatment** Michael Charlton, MD, FRCP

10:05 **Liver Transplant In HCC: Pushing The Boundaries** Anjana A. Pillai, MD

10:25 **Interpretation of Novel Tests for Coagulation in Liver Disease**

Helen S. Te, MD

10:45 **Surgical Updates in Liver Transplantation** Rolf Barth, MD

11:05 **BREAK**

11:15 **KEYNOTE: Application of Virtual Reality Technology**

**for Treatment of GI Disorders** Brennan Spiegel, MD, MSHS

12:00 p.m. **LUNCH**



# CONFERENCE AGENDA

SATURDAY, SEPTEMBER 25, 2021

## SESSION III: Pancreatobiliary/Bariatric Disorders

Moderator: Sajan Nagpal, MBBS

- 1:00 p.m. **Overview of CERT** Uzma Siddiqui, MD
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- 1:05 **Advances in Pancreatobiliary Endoscopy** Uzma D. Siddiqui, MD
- 
- 1:25 **High Yield Pancreatic Cysts and Autoimmune Pancreatitis for the GI Boards** Sajan Nagpal, MBBS
- 
- 1:45 **Endoscopic Management of Obesity** Christopher Chapman, MD
- 
- 2:05 **Complications of Bariatric Surgery and Their Management**  
Vivek N. Prachand, MD, FACS
- 
- 2:25 **BREAK**
- 
- ## SESSION IV: GI Cancer & Anorectal Disorders
- Moderator: Benjamin Shogan, MD
- 2:35 **Overview of the Cancer Risk Clinic** Sonia Kupfer, MD
- 
- 2:40 **Update on Colorectal Cancer Surveillance** Neil Sengupta, MD
- 
- 3:00 **Updates in Genetic Testing for Familial Cancers**  
Christine Drogan, MS, CGC & Sonia Kupfer, MD
- 
- 3:20 **Updates in Management of Rectal Cancer** Benjamin Shogan, MD
- 
- 3:40 **BREAK**
- 
- ## SESSION V: Inflammatory Bowel Diseases
- Moderator: Sushila Dalal, MD
- 3:50 **Overview of the IBD Programs** Russell D. Cohen, MD
- 
- 3:55 **Evolving Approach to Monoclonal Antibody Therapy in IBD**  
Russell D. Cohen, MD
- 
- 4:15 **Evolving Approach to Small Molecule Therapy in IBD**  
David T. Rubin, MD
- 
- 4:35 **Management of the Patient with a Pouch** Sushila Dalal, MD
- 
- 4:55 **Current Approaches to Treatment of Benign Anorectal Conditions**  
Kinga Skowron Olortegui, MD
- 
- 5:15 **Concluding Remarks** Conference Co-Directors

Agenda and speaker selection subject to change.

# REGISTRATION INFORMATION

## How To Register

 **ONLINE**  
[https://cme.uchicago.edu/  
DigestiveDiseases2021](https://cme.uchicago.edu/DigestiveDiseases2021)  
**(credit card payment only)**

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago  
Annual Updates in Digestive Diseases  
c/o Amy Majkowski  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637

Payment	Fee
Physicians	\$75
Advanced Practice Providers/Nurses/Other Healthcare Professionals	\$50
Trainees	FREE
<b>Payment Total:</b>	<b>\$</b>

## Contact Information

Name \_\_\_\_\_ Degree \_\_\_\_\_

Specialty \_\_\_\_\_

Organization \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

- Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)  
 You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- Colleague    Save the Date    Brochure    Internet    Email  
 Journal Ad    Previous Attendance    Other \_\_\_\_\_

## Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by September 1, 2021. **No refunds will be made after September 1, 2021.**



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**The University of Chicago**  
Section of Gastroenterology, Hepatology & Nutrition  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637



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