



AT THE FOREFRONT

**UChicago  
Medicine**

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

# WOMEN IN DIGESTIVE DISEASES: AT THE FOREFRONT

## CONFERENCE CO-DIRECTORS

Sonia Kupfer, MD  
Sonali Paul, MD, MS  
Anjana A. Pillai, MD  
Vijaya Rao, MD  
Helen S. Te, MD

## UNIVERSITY OF CHICAGO

Center for Care and Discovery  
7th Floor Boardroom  
5700 S. Maryland Ave.  
Chicago, IL 60637



**MAR  
13  
2021**



A VIRTUAL EVENT | Register at: <https://cme.uchicago.edu/WomeninDD2021>

# CONFERENCE DESCRIPTION

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**After three years of fellowship training in gastroenterology, knowledge and self-efficacy in women’s gastrointestinal (GI) and liver health issues remain inadequate in many fields as shown in both research and personal experience.**

Most of the standard of care approaches to common GI and liver illnesses are implemented across both genders, despite specific issues that are different in women. In gastroenterology, nearly 60% of patients are women, and many disorders are more common in women. Adequate knowledge in women’s GI health is critical to be an effective gastroenterologist. Additionally, women remain underrepresented among GI providers, even though female patients prefer to seek treatment from female gastroenterologists, creating a gap in care.

## GOALS

Women face unique challenges in the field of digestive diseases, both as patients and practitioners. This activity will address these challenges in an exciting and interactive forum. Topics include the symptoms, diagnosis, and treatment of common gastrointestinal and liver diseases that afflict women more commonly and/or differently than men as well as strategic solutions to barriers women providers in digestive diseases and medicine face in their career development.

## TARGET AUDIENCE

This activity is designed for physicians, nurses, and other healthcare professionals interested in the treatment of women with gastrointestinal illnesses and the career development of women providers in the field of gastroenterology and medicine.

## LEARNING OBJECTIVES

At the conclusion of this education activity, participants will be able to:

- *Identify the unique presentations and complications of specific gastrointestinal and liver diseases that afflict women more commonly or in different ways than men;*
- *Discuss gender-specific management strategies that address the needs of the women patients more optimally;*
- *Recognize challenges that women healthcare providers face as they navigate their professional journeys;*
- *Determine strategies that help women healthcare providers overcome barriers in the advancement of their careers and promote success in their chosen paths.*

## OUTCOMES

The educational information presented will add to the participants' knowledge about gastrointestinal diseases that afflict women more commonly and how to recognize and manage them in women; as such, it will improve participants' competence and performance as they apply the knowledge in their own practices.

The career development topics will help the women gastroenterologists and other women providers navigate

challenges that they face in their career, whether in private practice or academia, in order to provide better patient care.

At the conclusion of this activity, participants will have a greater knowledge about gastrointestinal diseases that afflict women more commonly than men and be able to better recognize and manage them. This increased knowledge will result in improved patient outcomes for the women they treat.

## ACCREDITATION AND CREDIT DESIGNATION

### PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### NURSING CREDIT

University of Chicago Medicine is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

This live activity is designated for a maximum of 5.25 continuing nursing education units.

### OTHER HEALTHCARE PROFESSIONALS CREDIT

Other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME, please consult your professional licensing board.

## EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

## CONFERENCE FACULTY

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PAUL



PILLAI



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### Course Directors

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#### **Sonia Kupfer, MD**

Associate Professor of Medicine  
Director, Gastrointestinal Cancer Risk and Prevention Clinic

#### **Sonali Paul, MD, MS**

Assistant Professor of Medicine

#### **Anjana A. Pillai, MD**

Associate Professor of Medicine  
Medical Director, Liver Tumor Program  
Medical Director, Adult Living Donor Liver Transplant Program

#### **Vijaya Rao, MD**

Assistant Professor of Medicine  
Director, Student and Resident Rotations

#### **Helen S. Te, MD**

Professor of Medicine  
Medical Director, Adult Liver Transplantation

#### **NURSING CONTENT EXPERT**

#### **M. Ruth Mangonon-Barnes, MSN, APN, ACNS-BC, CPHQ**

Clinical Nurse Specialist  
Ambulatory Center for Nursing Professional Practice and Research

### External Speakers

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#### **Katherine S. Garman, MD, MHS**

Associate Professor of Medicine  
Vice Chief for Research, GI  
Duke University  
Durham, NC

#### **Sunanda Kane, MD, MSPH, FACG, FACP, AGAF**

Professor of Medicine  
Division of Gastroenterology and Hepatology  
Mayo Clinic Rochester

#### **Nundhini Thukkani, MD**

Gastroenterologist  
Kaiser Permanente, Hillsboro, OR  
Ladies of the Gut Facebook Group

#### **Aline Charabaty, MD, AGAF**

Assistant Professor of Medicine  
Johns Hopkins School of Medicine  
Clinical Director of Gastroenterology  
Director of the Inflammatory Bowel Disease Center  
Johns Hopkins - Sibley Memorial Hospital  
Washington, DC

### UChicago Speakers

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#### **Janice C. Colwell, APRN, CWOCN, FAAN**

Clinical Nurse Specialist, General Surgery

#### **Courtney Schuchmann, MS, RD, LDN**

Registered Dietitian

#### **Carol E. Semrad, MD**

Professor of Medicine  
Director, Small Bowel Disease & Nutrition

#### **Uzma D. Siddiqui, MD**

Professor of Medicine  
Associate Director, Center for Endoscopic Research and Therapeutics (CERT)  
Director, EUS and Advanced Endoscopy Training Program

#### **Ritu Verma, MD**

Professor of Pediatrics  
Section Chief, Pediatric Gastroenterology, Hepatology & Nutrition  
Medical Director, Celiac Disease Center

#### **Yalini Vigneswaran, MD, MS**

Assistant Professor of Surgery

### DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients. The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months, including financial

relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine requires authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

# CONFERENCE AGENDA

SATURDAY, MARCH 13, 2021

8:00	<b>Introductory Remarks</b> Vijaya Rao, MD
	<b>SESSION 1</b> Moderator: Sonia Kupfer, MD
8:10	<b>Ergonomics for Women in Endoscopy</b> Katie Garman, MD
8:30	<b>Tightening the Belt: Surgical Options for GERD</b> Yalini Vigneswaran, MD
8:50	<b>Life Goes On: Stomas in Women</b> Jan Colwell, RN
9:10	<b>Pancreatic Disorders in Women</b> Uzma Siddiqui, MD
9:30	<b>Panel Discussion</b> Session 1 Faculty
9:50	<b>BREAK</b>
	<b>SESSION 2</b> Moderator: Carol Semrad, MD
10:00	<b>Celiac Disease and Gluten-Related Disorders in Adolescents</b> Ritu Verma, MD
10:20	<b>Disordered Eating</b> Courtney Schuchmann, RD
10:40	<b>Medication Adherence in Inflammatory Bowel Disease</b> Sunanda Kane, MD
11:00	<b>Immune-Mediated Liver Disease in Women</b> Sonali Paul, MD
11:20	<b>Panel Discussion</b> Session 2 Faculty
11:50 a.m.	<b>LUNCH BREAK</b>
	<b>SESSION 3</b> Moderator: Anjana Pillai, MD
12:15 p.m.	<b>KEYNOTE: Leadership in 2021 and Beyond</b> Sunanda Kane, MD
	<b>HASHTAGS, HANDLES AND HEALTHCARE:</b> <b>Social Media for GI Practice, Education &amp; Career Development</b>
1:00	<b>Facebook: Ladies of the Gut</b> Nundhini Thukkani, MD
1:20	<b>Twitter: @MondayNightIBD and More</b> Aline Charabaty, MD
1:40	<b>Panel Discussion</b> Session 3 Faculty
1:55	<b>Closing Remarks</b> Helen Te, MD
2:00 p.m.	<b>ADJOURN</b>

Program agenda and speaker selection subject to change.

Faculty members were identified due to their expertise in topic areas as well as based on their teaching evaluations from their activities at the University of Chicago.

# REGISTRATION DESCRIPTION

## How To Register

 **ONLINE** <https://cme.uchicago.edu/WomeninDD2021>  
**(credit card payment only)**

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago  
Women in Digestive Diseases: At the Forefront  
c/o Amy Majkowski  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637

## Payment

	Fee
Physicians	\$75
Advanced Practice Providers/ Nurses/Other Healthcare Professionals	\$50
Trainees	FREE
<b>Payment Total:</b>	<b>\$</b>

## Contact Information

Name \_\_\_\_\_ Degree \_\_\_\_\_

Specialty \_\_\_\_\_

Organization \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

In Case of Emergency \_\_\_\_\_

 Please indicate any special needs \_\_\_\_\_

Please indicate any special dietary needs \_\_\_\_\_

- ☐ Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
- ☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- ☐ Colleague    ☐ Save the Date    ☐ Brochure    ☐ Internet    ☐ Email
- ☐ Journal Ad    ☐ Previous Attendance    ☐ Other \_\_\_\_\_

## Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by February 12, 2021. **No refunds will be made after February 12, 2021.**

## Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.



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