WOMEN IN DIGESTIVE DISEASES: AT THE FOREFRONT

CONFERENCE CO-DIRECTORS
Sonia Kupfer, MD
Sonali Paul, MD, MS
Anjana A. Pillai, MD
Vijaya Rao, MD
Helen S. Te, MD

UNIVERSITY OF CHICAGO
Center for Care and Discovery
7th Floor Boardroom
5700 S. Maryland Ave.
Chicago, IL 60637

MAR 13 2021

A VIRTUAL EVENT | Register at: https://cme.uchicago.edu/WomeninDD2021
After three years of fellowship training in gastroenterology, knowledge and self-efficacy in women’s gastrointestinal (GI) and liver health issues remain inadequate in many fields as shown in both research and personal experience. Most of the standard of care approaches to common GI and liver illnesses are implemented across both genders, despite specific issues that are different in women. In gastroenterology, nearly 60% of patients are women, and many disorders are more common in women. Adequate knowledge in women’s GI health is critical to be an effective gastroenterologist. Additionally, women remain underrepresented among GI providers, even though female patients prefer to seek treatment from female gastroenterologists, creating a gap in care.

GOALS
Women face unique challenges in the field of digestive diseases, both as patients and practitioners. This activity will address these challenges in an exciting and interactive forum. Topics include the symptoms, diagnosis, and treatment of common gastrointestinal and liver diseases that afflict women more commonly and/or differently than men as well as strategic solutions to barriers women providers in digestive diseases and medicine face in their career development.

TARGET AUDIENCE
This activity is designed for physicians, nurses, and other healthcare professionals interested in the treatment of women with gastrointestinal illnesses and the career development of women providers in the field of gastroenterology and medicine.

LEARNING OBJECTIVES
At the conclusion of this education activity, participants will be able to:

• Identify the unique presentations and complications of specific gastrointestinal and liver diseases that afflict women more commonly or in different ways than men;
• Discuss gender-specific management strategies that address the needs of the women patients more optimally;
• Recognize challenges that women healthcare providers face as they navigate their professional journeys;
• Determine strategies that help women healthcare providers overcome barriers in the advancement of their careers and promote success in their chosen paths.

OUTCOMES
The educational information presented will add to the participants’ knowledge about gastrointestinal diseases that afflict women more commonly and how to recognize and manage them in women; as such, it will improve participants’ competence and performance as they apply the knowledge in their own practices. The career development topics will help the women gastroenterologists and other women providers navigate challenges that they face in their career, whether in private practice or academia, in order to provide better patient care.

At the conclusion of this activity, participants will have a greater knowledge about gastrointestinal diseases that afflict women more commonly than men and be able to better recognize and manage them. This increased knowledge will result in improved patient outcomes for the women they treat.

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT
The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT
University of Chicago Medicine is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. (OBN-001-91)

This live activity is designated for a maximum of 5.25 continuing nursing education units.

OTHER HEALTHCARE PROFESSIONALS CREDIT
Other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by the ACCME, please consult your professional licensing board.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT
A complete listing of commercial support received will be provided in the conference materials.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.
CONFERENCE FACULTY

Course Directors

Sonia Kupfer, MD
Associate Professor of Medicine
Director, Gastrointestinal Cancer Risk and Prevention Clinic

Sonali Paul, MD, MS
Assistant Professor of Medicine

Anjana A. Pillai, MD
Associate Professor of Medicine
Medical Director, Liver Tumor Program
Medical Director, Adult Living Donor Liver Transplant Program

Vijaya Rao, MD
Assistant Professor of Medicine
Director, Student and Resident Rotations

Helen S. Te, MD
Professor of Medicine
Medical Director, Adult Liver Transplantation

NURSING CONTENT EXPERT
M. Ruth Mangonon-Barnes, MSN, APN, ACNS-BC, CPHQ
Clinical Nurse Specialist
Ambulatory Center for Nursing Professional Practice and Research

External Speakers

Katherine S. Garman, MD, MHS
Associate Professor of Medicine
Vice Chief for Research, GI
Duke University
Durham, NC

Sunanda Kane, MD, MSPH, FACP, FACP, AGAF
Professor of Medicine
Division of Gastroenterology and Hepatology
Mayo Clinic Rochester

Nundhini Thukkani, MD
Gastroenterologist
Kaiser Permanente, Hillsboro, OR
Ladies of the Gut Facebook Group

Aline Charabaty, MD, AGAF
Assistant Professor of Medicine
Johns Hopkins School of Medicine
Clinical Director of Gastroenterology
Director of the Inflammatory Bowel Disease Center
Johns Hopkins - Sibley Memorial Hospital
Washington, DC

UChicago Speakers

Janice C. Colwell, APRN, CWOCN, FAAN
Clinical Nurse Specialist, General Surgery

Courtney Schuchmann, MS, RD, LDN
Registered Dietitian

Carol E. Semrad, MD
Professor of Medicine
Director, Small Bowel Disease & Nutrition

Uzma D. Siddiqui, MD
Professor of Medicine
Associate Director, Center for Endoscopic Research and Therapeutics (CERT)
Director, EUS and Advanced Endoscopy Training Program

Ritu Verma, MD
Professor of Pediatrics
Section Chief, Pediatric Gastroenterology, Hepatology & Nutrition
Medical Director, Celiac Disease Center

Yalini Vigneswaran, MD, MS
Assistant Professor of Surgery

DISCLOSURE DECLARATIONS
As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients. The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.
Additionally, The University of Chicago Pritzker School of Medicine requires authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.
**CONFERENCE AGENDA**

**SATURDAY, MARCH 13, 2021**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Activity</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>8:00</td>
<td>Introductory Remarks</td>
<td>Vijaya Rao, MD</td>
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<tr>
<td>8:10</td>
<td><strong>SESSION 1</strong> Moderator: Sonia Kupfer, MD</td>
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<tr>
<td>8:10</td>
<td>Ergonomics for Women in Endoscopy</td>
<td>Katie Garman, MD</td>
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<td>8:30</td>
<td>Tightening the Belt: Surgical Options for GERD</td>
<td>Yalini Vigneswaran, MD</td>
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<td>8:50</td>
<td>Life Goes On: Stomas in Women</td>
<td>Jan Colwell, RN</td>
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<tr>
<td>9:10</td>
<td>Pancreatic Disorders in Women</td>
<td>Uzma Siddiqui, MD</td>
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<td>9:30</td>
<td>Panel Discussion                     Session 1 Faculty</td>
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<tr>
<td>9:50</td>
<td>BREAK</td>
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<tr>
<td>10:00</td>
<td><strong>SESSION 2</strong> Moderator: Carol Semrad, MD</td>
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<tr>
<td>10:00</td>
<td>Celiac Disease and Gluten-Related Disorders in Adolescents</td>
<td>Ritu Verma, MD</td>
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<td>10:20</td>
<td>Disordered Eating</td>
<td>Courtney Schuchmann, RD</td>
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<td>10:40</td>
<td>Medication Adherence in Inflammatory Bowel Disease</td>
<td>Sunanda Kane, MD</td>
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<td>11:00</td>
<td>Immune-Mediated Liver Disease in Women</td>
<td>Sonali Paul, MD</td>
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<tr>
<td>11:20</td>
<td>Panel Discussion                     Session 2 Faculty</td>
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<td>11:50</td>
<td>BREAK</td>
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<tr>
<td>12:15</td>
<td><strong>SESSION 3</strong> Moderator: Anjana Pillai, MD</td>
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<td>12:15</td>
<td><strong>KEYNOTE:</strong> Leadership in 2021 and Beyond</td>
<td>Sunanda Kane, MD</td>
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<td><strong>HASHTAGS, HANDLES AND HEALTHCARE:</strong></td>
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<td>Social Media for GI Practice, Education &amp; Career Development</td>
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<td>1:00</td>
<td>Facebook: Ladies of the Gut</td>
<td>Nundhini Thukkani, MD</td>
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<td>1:20</td>
<td>Twitter: @MondayNightIBD and More</td>
<td>Aline Charabaty, MD</td>
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<td>1:40</td>
<td>Panel Discussion                     Session 3 Faculty</td>
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<td>1:55</td>
<td>Closing Remarks                      Helen Te, MD</td>
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<td>2:00</td>
<td><strong>ADJOURN</strong></td>
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Program agenda and speaker selection subject to change.

Faculty members were identified due to their expertise in topic areas as well as based on their teaching evaluations from their activities at the University of Chicago.
REGISTRATION DESCRIPTION

How To Register

ONLINE  https://cme.uchicago.edu/WomeninDD2021
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

MAIL  The University of Chicago
Women in Digestive Diseases: At the Forefront
c/o Amy Majkowski
5841 S. Maryland Ave., MC 4076
Chicago, IL 60637

Contact Information

Name_________________________________________ Degree __________________________

Specialty __________________________________________

Organization __________________________________________

Preferred Mailing Address__________________________

City_________________________ State _________ Zip ____________

Phone_________________________ Fax_____________________

Email ____________________________

In Case of Emergency _________________________________

Please indicate any special needs________________________________

Please indicate any special dietary needs___________________________

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☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

☐ Colleague  ☐ Save the Date  ☐ Brochure  ☐ Internet  ☐ Email
☐ Journal Ad  ☐ Previous Attendance  ☐ Other __________________

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by February 12, 2021. No refunds will be made after February 12, 2021.

Accessibility

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For additional information about this activity, please contact Amy Majkowski at 773-702-8597.

Payment

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<tr>
<td>Trainees</td>
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Payment Total: $
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