



AT THE FOREFRONT

**UChicago
Medicine**

BRINGING BEST PRACTICES TO YOUR ICU:

AN INTERDISCIPLINARY APPROACH TO CARING
FOR THE CRITICALLY ILL

COURSE DIRECTORS

John P. Kress, MD

Cheryl L. Esbrook, OTR/L, BCPR

Register at:

<https://cme.uchicago.edu/icu2020>

UNIVERSITY OF CHICAGO MEDICAL CENTER

Reva and David Logan Center for the Arts

915 E. 60th St. | Chicago, IL 60637

University of Chicago Simulation Center

Mitchell Hospital | 6th Floor

5815 S. Maryland Ave. | Chicago, IL 60637

**MAR
26-28
2020**



CONFERENCE DESCRIPTION

The University of Chicago Medicine is proud to present a two and a half day course structured to improve the inter-professional team's management of patients with critical illness through implementation of the ABCDEF bundle:

A-assess, prevent, and manage pain

B-both spontaneous breathing trials and spontaneous awakening trials

C-choice of analgesia and sedation

D-delirium assessment, prevention, and management

E-early mobilization and exercise

F-family engagement and empowerment

While advancements in the care of patients with respiratory failure have improved survival rates, many patients suffer long term functional, neuromuscular, and neurocognitive impairments. Utilization of the ABCDEF bundle has been shown to significantly reduce the long term deleterious effects of surviving critical illness. Yet, implementation can be challenging for the inter-professional team due to the complexity of the ICU environment and the acuity of illness.

This course will highlight the common complications for ICU survivors including neuromuscular weakness and neurocognitive functioning. We will discuss the evidence surrounding the efficacy of the ABCDEF bundle, practical ways to implement each bundle element, and strategies to improve bundle utilization. This course will also feature breakout sessions to discuss the inter-professional nuts and bolts of bundle implementation and roundtable discussion to ask the experts about best practice for the critically ill.

The University of Chicago's state-of-the-art simulation center will set the stage for hands-on application of

knowledge and techniques to actual patient scenarios.

The aim of the course is to increase health care provider's knowledge, skill, and ease of treating and caring for patients with complex medical conditions and provide tools for improved inter-professional involvement in their intensive care units using a bundled approach.

COURSE OBJECTIVES

At the conclusion of this education activity, participants will be able to:

- *Describe the history and evidence surrounding the ABCDEF bundle;*
- *Discuss strategies for bundle implementation in the ICU setting;*
- *Identify potential barriers to implementation in individual institutions including implications for staffing and costs;*
- *Analyze the roles different healthcare professionals have incorporating the ABCDEF bundle into an ICU;*
- *Outline ways the ABCDEF bundle can be incorporated into the care of ICU patients.*

TARGET AUDIENCE

This activity is designed for Occupational Therapists, Physical Therapists, Nurses, Advanced Practice Nurses, Physicians, Physician Assistants, Respiratory Therapists, Pharmacists

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 17 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

University of Chicago Medicine is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

This live activity is designated for a maximum of 17 continuing nursing education units.

PHYSICAL THERAPIST & OCCUPATIONAL THERAPIST CREDIT

The University of Chicago Medical Center is a licensed continuing education provider with the Illinois Department of Financial and Professional Regulation for Physical Therapy, license # 216-000030.

All participants will be provided with a certificate of attendance. This course is approved for 17 continuing education hours for licensed therapists (PT, PTA, OT, or COTA) in Illinois. The University of Chicago Medical Center has not applied to any other state for therapist CE credit. Participants will need to do this individually through their jurisdiction outside of Illinois.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTH PROFESSIONS CREDIT

Other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME, please consult your professional licensing board.

CONFERENCE FACULTY

Course Directors

John P. Kress, MD
University of Chicago

Cheryl L. Esbrook, OTR/L, BCPR
University of Chicago

Faculty

John P. Kress, MD
University of Chicago

Bhakti Patel, MD
University of Chicago

Cheryl L. Esbrook, OTR/L, BCPR
University of Chicago

Megan Stulberg, PT, DPT, CCS
University of Chicago

Anne Pohlman, RN, MSN, APN
University of Chicago

Colleen Ward, PT, DPT
University of Chicago

Kelly Coudron AGPCNP-BC, CCRN
University of Chicago

Guest Faculty

William D. Schweickert, MD
University of Pennsylvania

Amy Pawlik, PT, DPT, CCS
Co-owner, Vitality Women's Physical Therapy
Associate Faculty, Northwestern University,
Feinberg School of Medicine

Shruti B. Patel, MD
Loyola University

DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine, asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME defines “relevant financial relationships” as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine, requires Authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

CONFERENCE AGENDA

THURSDAY, MARCH 26, 2020

7:30 a.m. **BREAKFAST (PROVIDED) / REGISTRATION**

8:00 **Welcome and Introduction**

What is Your Current Role with Patients Undergoing Critical Illness?
Goals of Attending the Course

8:30 **The Pain of Being in the ICU**

Awakening and Breathing: The Cornerstone to Bundle Success

Evidence surrounding the use of the A and B bundle elements
John P. Kress, MD

10:30 **REFRESHMENT BREAK**

10:45 **Maintaining Consciousness with the Right Cocktail to Avoid Delirium**

Evidence surrounding the use of the C and D bundle elements
Anne Pohlman, RN, MS, APN

12:00 p.m. **LUNCH (PROVIDED)**

1:00 **Long-Term Consequences of Surviving the ICU**

Amy Pawlik, PT, DPT, CCS

1:45 **Move It or Lose It: Keeping Your Patients Active in the ICU**

Evidence surrounding the use of the E bundle element
Cheryl Esbrook, OTR/L, BCPR

2:45 **REFRESHMENT BREAK**

3:00 **Family Engagement: Why It Matters**

Evidence surrounding the use of the F bundle element
Bhakti K. Patel, MD

3:30 **Barriers to Bundle Implementation**

Roundtable discussion with inter-professional groups

4:15 **We Are Our Worst Enemy: How to Change the ICU Culture?**

Kelly Coudron, AGPCNP-BC, CCRN

5:00 **Wrap Up**

Agenda and speaker selection subject to change.



CONFERENCE AGENDA

FRIDAY, MARCH 27, 2020

7:30 a.m.	BREAKFAST (PROVIDED)
8:00	Review Day One
8:15	Are You Too Sick to Move? Mobilizing Patients on Acute Mechanical Circulatory Support Cheryl Esbrook, OTR/L, BCPR and Megan Stulberg, PT, DPT, CCS
8:45	Toolkits to Increase Success Anne Pohlman, RN, MS, APN
9:15	REFRESHMENT BREAK
9:30	Life After the ICU: A Patient Experience
10:15	Leading Change: Implementing ABCDEF from the Ground Up Shruti B. Patel, MD
11:30	So Many Tools: How to Measure Functional Outcomes Colleen Ward, PT, DPT
12:00 p.m.	LUNCH (PROVIDED)
1:00	Assessing Progress: Quality Improvement Projects to Randomized Controlled Trials William D. Schweickert, MD
2:30	Making Good Clinical Judgements for Interventions Megan Stulberg, PT, DPT, CCS
3:30	REFRESHMENT BREAK
3:45	Devices Galore: How to Mobilize Your Patient Despite Their Attachments Cheryl Esbrook, OTR/L, BCPR
4:45	Wrap-up

SATURDAY, MARCH 28, 2020


8:00	Application to Clinical Practice Through Simulated Experiences University of Chicago Simulation Center
12:00 p.m.	Wrap-up
1:00	CONFERENCE ADJOURNED

Agenda and speaker selection subject to change.


All participants are responsible for making their own travel arrangements. Breakfast, lunch and morning and afternoon refreshments will be provided daily. If you require overnight accommodations there are many hotels in the area. We suggest when booking a room you ask if they acknowledge a University of Chicago discount.

REGISTRATION INFORMATION

How To Register

 **ONLINE**
<https://cme.uchicago.edu/icu2020>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Center for Continuing Medical Education
c/o ICU Best Practices
5841 S. Maryland Ave., MC 1137
Chicago, IL 60637

Payment	Early Fee	Discount Code	Regular Fee
Clinicians	\$575	ICU20	\$675
Students	\$400	ICU20	\$500
USE THE DISCOUNT CODE TO RECEIVE THE EARLY REGISTRATION FEE! Discount expires February 26, 2020. SPECIAL DISCOUNT FOR CLINICIANS! Clinicians with 3 or more participants are eligible for a registration discount. Pricing for registrants with 3 or more people from one facility is \$500 each.			

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____


Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

- ☐ Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- ☐ Colleague ☐ Save the Date ☐ Brochure ☐ Internet ☐ Email
☐ Journal Ad ☐ Previous Attendance ☐ Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee less a \$100 administrative fee will be refunded when written notification is received by February 26, 2020. **No refunds will be made after February 26, 2020.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773.702.1056 or via email at cheryl.esbrook@uchospitals.edu.

For additional information about this activity, please contact the Center for Continuing Medical Education at 773.702.1056.



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