



AT THE FOREFRONT

UChicago
Medicine

SECTION OF GASTROENTEROLOGY, HEPATOLOGY & NUTRITION

WOMEN IN DIGESTIVE DISEASES: AT THE FOREFRONT

CONFERENCE CO-DIRECTORS

Sonia Kupfer, MD
Sonali Paul, MD, MS
Anjana A. Pillai, MD
Vijaya Rao, MD
Helen S. Te, MD

UNIVERSITY OF CHICAGO

Cloister Club at Ida Noyes Hall
1212 E 59th St.
Chicago, IL 60637

Register at:
<https://cme.uchicago.edu/womenindd2020>



MAR
14
2020



CONFERENCE DESCRIPTION

Even with three years of fellowship training in gastroenterology, knowledge and self-efficacy in women's gastrointestinal (GI) and liver health issues remain inadequate in many fields, as shown in both research and personal experience. Most of the standard of care approaches to common GI and liver illnesses are implemented across both genders, despite specific issues that are different in women. In gastroenterology, nearly 60% of patients are women, and many disorders are more common in women. Adequate knowledge in GI women's health is critical to provide optimal treatment to women. Additionally, women remain underrepresented among GI providers, even though female patients prefer to seek treatment from female gastroenterologists, creating a gap in care.

GOALS

This activity will discuss the symptoms, diagnosis, and treatment of common gastrointestinal and liver diseases that afflict women more commonly and differently than men. This activity also aims to discuss strategic solutions to barriers that female GI providers face in their career development. It will result in improved care of female patients with GI illnesses and encourage the career development of women in the field of gastroenterology.

LEARNING OBJECTIVES

At the conclusion of this education activity, participants will be able to:

- *Identify the unique presentations and complications of specific gastrointestinal and liver diseases that afflict women more commonly or in different ways than men;*
- *Discuss gender-specific management strategies that address the needs of the women patients more optimally;*
- *Recognize challenges that women healthcare providers face as they navigate their professional journeys;*
- *Determine strategies that help women healthcare providers overcome barriers in the advancement of their careers and promote success in their chosen paths.*

OUTCOMES

The educational information presented in this activity will add to participants' knowledge about gastrointestinal diseases that afflict women more commonly and their ability to recognize and manage them in women. It will improve their competence and performance as they apply the knowledge in their own practices, thus translating into better patient outcomes.

The career development topics will help female GI providers navigate challenges faced in their career, whether in private practice or academia, to allow them to progress further and be successful in their chosen paths.

TARGET AUDIENCE

This activity is designed for physicians and other healthcare professionals interested in the treatment of women with gastrointestinal illnesses.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 4.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSE CREDIT

The University of Chicago Medicine is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) This live activity is designated for a maximum of 4.75 continuing nursing education units.

OTHER HEALTHCARE PROFESSIONS CREDIT

Other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME, please consult your professional licensing board.

EDUCATIONAL GRANTS/COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

ACCOMMODATIONS

Nearby hotels: **Sophy Hyde Park Hotel**

1411 East 53rd Street, Chicago, IL 60615; 773-289-1003
<https://sophyhotel.com>

Online code: UNCH (receive 15% off current rate)

Hyatt Place Chicago-South/University Medical Center

5225 S. Harper Avenue, Chicago, IL 60615; 773-752-5300
(Ask for University of Chicago Friends and Family rate)

PARKING

Free street parking is available on the surrounding streets and Midway. There is also parking at 5840 S. Maryland Ave. garage which is a half mile up the street.

CONFERENCE FACULTY

Course Directors

Sonia Kupfer, MD

Associate Professor of Medicine
Director, Gastrointestinal Cancer Risk and Prevention Clinic

Sonali Paul, MD, MS

Assistant Professor of Medicine

Anjana A. Pillai, MD

Associate Professor of Medicine
Medical Director, Adult Living Donor Liver Transplant Program
Medical Director, Liver Tumor Program

Vijaya Rao, MD

Assistant Professor of Medicine
Director, Student and Resident Rotations

Helen S. Te, MD

Professor of Medicine
Medical Director, Adult Liver Transplantation

NURSING CONTENT EXPERT

M. Ruth Manganon-Barnes, MSN, APN, ACNS-BC, CPHQ

Clinical Nurse Specialist
Ambulatory Center for Nursing Professional Practice and Research

Invited Speaker

Amy S. Oxentenکو, MD

Professor of Medicine
Division of Gastroenterology & Hepatology
Mayo Clinic, Rochester, MN

UChicago Speakers

Fay J. Hlubocky, PhD, MA

Clinical Health Psychologist Hematology/Oncology

Rene Lederman, PT

Orthopedic Clinical Specialist

Carol E. Semrad, MD

Professor of Medicine
Director, Small Bowel Disease & Nutrition

Uzma D. Siddiqui, MD

Associate Professor of Medicine
Associate Director, Center for Endoscopic Research and Therapeutics (CERT)
Director, EUS and Advanced Endoscopy Training Program

Elizabeth Wall, MS, RDN-AP, CNSC

Registered Dietitian IV, GI/Nutrition Support

DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients. The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months,

including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine requires authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.



CONFERENCE TOPICS

SATURDAY, MARCH 14, 2020

Useful Tricks of the Trade in Endoscopic Resection

Uzma Siddiqui, UCM

**Superior Mesenteric Artery and Median Arcuate Ligament Syndromes:
Unraveling the Mystery**

Carol Semrad, UCM

New Frontiers in Colorectal Cancer Screening

Sonia Kupfer, MD

Diagnostic Approach to Abdominal Bloating in Women

Amy Oxentenkeno, Mayo

Navigating the Low FODMAP Diet

Elizabeth Wall, UCM

Restoring the Pelvic Floor Function

Rene Lederman, UCM

Alcoholic Hepatitis as an Indication for Liver Transplantation—A Debate

Sonali Paul & Anjana Pillai, UCM

Keynote Speech

Navigating Gender Equity in a Male-Predominant Landscape

Amy Oxentenkeno, Mayo

Reconnect & Recharge: Fostering Resilience with Mindful Practice

Fay Hlubocky, UCM




REGISTRATION INFORMATION

How To Register

 **ONLINE** <https://cme.uchicago.edu/womenindd2020>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Women in Digestive Diseases: At the Forefront
c/o Amy Majkowski
5841 S. Maryland Ave., MC 4076
Chicago, IL 60637

Payment

	Fee
Physicians	\$50
Advanced Practice Providers/ Nurses/Other Healthcare Professionals	\$25
Trainees	FREE
Payment Total:	\$

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

- ☐ Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
- ☐ You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- ☐ Colleague ☐ Save the Date ☐ Brochure ☐ Internet ☐ Email
- ☐ Journal Ad ☐ Previous Attendance ☐ Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee will be refunded when written notification is received by February 14, 2020. **No refunds will be made after February 14, 2020.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-8597 or via email at amy2@uchicago.edu.

For additional information about this activity, please contact Amy Majkowski at 773-702-8597.



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