



## Childhood Adversity & Trauma: Strategies for Promoting Health

Meets every Wednesday at 8:00 am

Session Date	Торіс
1/29/20	Introduction to ECHO-Chicago and Childhood Adversity & Trauma kick-off  Provider Self-Care Introduction
2/5/20	Social Determinants of Health & Unmet Social Needs  Self-Regulation Practice
2/12/20	Provider Wellness Self-Regulation Practice
2/19/20	Introduction to Adverse Childhood Experiences (ACEs  Self-Regulation Practice
2/26/20	Structural & Historical Factors of Childhood Adversity & Trauma  Self-Regulation Practice
3/4/20	Intervention: Connecting with Community Resources Self-Care Check-In
3/11/20	Biological & Physiological Mechanism of Action of Childhood Adversity & Trauma  Self-Regulation Practice
3/18/20	Screening & Collaboration Self-Regulation Practice
3/25/20	Becoming Trauma Informed in Your Practice: Creating Safe Environments, Collaboration and Coping tools  Self-Regulation Practice
4/1/20	Interventions strengthening the therapeutic web: Parenting to Promote Family Resiliency  Self-Regulation Practice
4/8/20	Referring Patients for Evidence-Based Therapeutic Interventions for Exposure to Trauma  Self-Regulation Practice
4/15/20	Intervention to strengthen the therapeutic web: Schools & Community Provider Self-Care Check In