

Childhood Adversity & Trauma: Strategies for Promoting Health

Meets every Wednesday at 8:00 am

Session Date	Topic
5/8/19	Introduction to ECHO-Chicago and Childhood Adversity & Trauma kick-off <i>Provider Self-Care Introduction</i>
5/15/19	Social Determinants of Health & Unmet Social Needs- Led by Nia Heard-Garris, MD & Barbara Bayldon, MD <i>Self-Regulation Practice</i>
5/22/19	Provider Wellness- Led by Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Regulation Practice</i>
5/29/19	Introduction to Adverse Childhood Experiences (ACEs)- Led by Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Regulation Practice</i>
6/5/19	Structural & Historical Factors of Childhood Adversity & Trauma- Led by Nia Heard-Garris, MD, Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Regulation Practice</i>
6/12/19	Intervention: Connecting with Community Resources- Led by Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Care Check-In</i>
6/19/19	Biological & Physiological Mechanism of Action of Childhood Adversity & Trauma- Led by Nia Heard-Garris, MD & Barbara Bayldon, MD <i>Self-Regulation Practice</i>
6/26/19	Screening & Collaboration- Led by Barbara Bayldon, MD <i>Self-Regulation Practice</i>
7/10/19	Becoming Trauma Informed in Your Practice: Creating Safe Environments, Collaboration and Coping tools- Led by Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Regulation Practice</i>
7/17/19	Interventions strengthening the therapeutic web: Parenting to Promote Family Resiliency- Led by Marjorie Fujara MD, Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Regulation Practice</i>
7/24/19	Referring Patients for Evidence-Based Therapeutic Interventions for Exposure to Trauma - Led by Colleen Cicchetti, PhD, Audrey Stillerman, MD & Claire Coyne, PhD <i>Self-Regulation Practice</i>

7/31/19	Intervention to strengthen the therapeutic web: Schools & Community- Led by Colleen Cicchetti, PhD, Audrey Stillerman, MD & Claire Coyne, PhD Provider Self-Care Check In
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