



Behavioral Health Toolkit
Meets every Thursday at 8:00 a.m.

Session Date	Topic	Presenter
2/9/17	Introduction: to ECHO-Chicago and Behavioral Health Toolkit Series	ECHO-Chicago
	Optimizing treatment for depression	Jeff Rado, MD
2/16/17	Non-pharmacological approaches to treating depression and anxiety – PART 1	Molly Hendrickson, PsyD
2/23/17	Non-pharmacological approaches to treating depression and anxiety – PART 2	Lauren Shapiro, PsyD
3/2/17	Anxiety in primary care, appropriate use of benzodiazepines	Will Cronenwett, MD
3/9/17	Trauma Informed Care, PTSD	Brad Stolbach, PsyD
3/16/17	Personality disorders: Tips and tricks	Will Cronenwett, MD
3/23/17	Basics of Bipolar Disorder	Jeff Rado, MD
3/30/17	Primary care of patients with SMI	Jeff Rado, MD
4/6/17	Safe prescribing of antipsychotics	Daniel Yohanna, MD
4/13/17	Psychiatric crises: Assessing and managing exacerbation of severe mental illness and suicidality	Daniel Yohanna, MD
4/20/17	Assessing and prescribing for alcohol dependence, SUD, tobacco dependence	Will Cronenwett, MD
4/27/17	Chronic pain: non-pharmacological approaches	Lauren Shapiro, PsyD