

Registration:

The registration fee includes conference materials, continental breakfast and refreshments. You may register online or by mail. Registration is required, and space is limited.

How to Register:

Online: Visit northshore.org/pediatricsymposium

By Mail: ATTN: Christine Martens
NorthShore Evanston Hospital
Department of Pediatrics
2650 Ridge Road, Walgreen Room 1505
Evanston, IL 60201

Registration fee: \$35 per person

Contact Information:

Name _____ Degree _____

Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

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Payment:

Check enclosed, payable to NorthShore University HealthSystem

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NorthShore University HealthSystem
2650 Ridge Road
Evanston, IL 60201

Pediatrics in Review Symposium
CME Program

Saturday, October 3, 2015



The Department of Pediatrics at
NorthShore University HealthSystem
Invites You to Attend:

1st Annual Pediatrics in Review Symposium

A CME Program

Saturday, October 3, 2015

8:00 a.m. – 12:30 p.m.

Renaissance Hotel
933 Skokie Blvd.
Northbrook, IL

Register online at northshore.org/pediatricsymposium

Pediatrics in Review Symposium

Saturday, October 3, 2015

8:00 a.m. – 12:30 p.m.

Renaissance Hotel
933 Skokie Blvd.
Northbrook, IL

Learning Objectives

1. Discuss new and innovative diagnostic and treatment options for the management of pediatric diseases and complications.
2. Provide a multidisciplinary approach to treating the pediatric patient.
3. Present and discuss new drug therapies in the management of pediatric diseases and complications.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Chicago Pritzker School of Medicine and NorthShore University HealthSystem. The University of Chicago Pritzker School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME, please consult your professional licensing board.

Agenda

7:00 – 8:00 a.m. Registration and Continental Breakfast

8:00 – 8:30 a.m. Stephen Duck, MD
“Are you kidding me? This is normal?”

1. What constitutes puberty?
 2. What are the usual gender specific causes for precocity?
 3. What are the more reliable tests for hormone excess?
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8:30 – 9:00 a.m. David Roberts, MD

Adolescent Scoliosis: When to Screen, When to Refer, and When to Treat

1. Understand the epidemiology and natural history of adolescent idiopathic scoliosis, and how this relates screening and treatment guidelines.
 2. Review current guidelines for clinical screening based on age and gender. Discuss when and where screening should be best performed, and recent controversies on screening guidelines.
 3. Learn proper screening technique and physical exam for scoliosis, and understand thresholds to obtain X-rays or refer to a scoliosis specialist.
 4. Discuss treatment options available for scoliosis, including bracing or surgery.
 5. Discuss the relationship between brace wear compliance and treatment effectiveness, recent literature on brace wear monitoring and strategies to improve brace effectiveness with compliance monitoring.
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9:00 – 9:30 a.m. Jennifer Kim, MD

Living with Food Allergies: Pearls & Pitfalls of Allergen Avoidance

1. Understand labeling laws and nuances of advisory labeling.
 2. Identify high-risk places and situations for food-allergic patients.
 3. Review management of vaccine administration in food-allergic children.
 4. Discussion of the LEAP study.
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9:30 – 10:00 a.m. Sara Dickie, MD

Birthmarks: Identification, Clinical and Surgical Management and Timing

1. Identification of 10 different birthmarks.
 2. Understand lifetime risk of malignancy and other factors that impact the management.
 3. When to refer to a specialist.
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10:00 – 10:30 a.m. Break

10:30 – 11:00 a.m. Judy Chen, MD

“To Tube or Not to Tube”: Otitis Media and Tympanostomy Tubes in Children

1. Indications for tube placement.
 2. Care of children with indwelling tubes.
 3. Outcomes of tympanostomy tube surgery.
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11:00 – 11:30 a.m. Joel Joyce, MD

Acne: They’ll Have Questions, You’ll Have Answers

1. Review the pathophysiology of acne.
 2. Develop strategies to initiate an acne treatment regimen.
 3. Identify complicated or atypical acne conditions and know when to refer.
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11:30 a.m. – 12:00 p.m. Peter Rabiah, MD

Photoscreening

1. Familiarize with current vision screening recommendations.
 2. Understand the available options for vision screening.
 3. Review the factors involved in implementing a photoscreening program.
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12:00 – 12:30 p.m. Sona Young, MD

Abominable Abdominal Pain

1. Review the common causes of abdominal pain in children.
 2. Develop initial screening and treatment regimens.
 3. Identify worrisome clinical feature and when to refer.
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12:30 p.m. Closing Remarks
