25TH ANNUAL CONFERENCE

# Rodney Appell Memorial Update in Gynecologic Urology

## February 6-8, 2020

## Beaches, Turks & Caicos

**Course Director:**
Peter K. Sand, MD

**Educational Partner:**
Meeting Achievements

Featuring
20.25
AMA PRA Category 1 Credit(s)™

NorthShore
University HealthSystem

# General Information

## Course Description

This course is intended to provide urogynecologists, gynecologists, urologists, nurses, and other allied healthcare professionals with advanced knowledge of the latest innovations in the evaluation and treatment of women with lower urogenital tract symptoms and voiding dysfunction. The **didactic sessions** will provide the participant with knowledge of how to evaluate and treat women with lower urogenital tract abnormalities, pelvic prolapse, incontinence, pelvic pain and surgical complications. Advanced techniques for the evaluation and treatment of women with incontinence and pelvic floor dysfunction will be discussed by a faculty of internationally recognized experts.

The **video sessions** will provide the participant with an opportunity to view actual procedures and techniques discussed in the didactic sessions. The **expert panel discussions** will enable the participants to better appreciate the differences and diversity of approaches to treat these conditions. Both the panel discussions and video presentations will also allow the participants to interact with the faculty in a more informal atmosphere for an open exchange of ideas.

## Conference Objectives

Upon completion of this course, the participants will be able to:

1. **Restate how to evaluate women with defecatory dysfunction and anal incontinence.**
2. **Evaluate and treat genital prolapse both non-surgically and surgically.**
3. **Identify how anti-incontinence operations work and their associated risks and benefits.**
4. **Distinguish how to treat the complications of various anti-incontinence procedures.**
5. **Describe how to use and treat the complications of adjuvant grafts in reconstructive pelvic surgery.**

## Target Audience

The target audience for this activity includes Urogynecologists, Gynecologists, Urologists, Nurses, and other Allied Health Care Professionals seeking a comprehensive review of female pelvic medicine.

## Accreditation and Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Chicago Pritzker School of Medicine and NorthShore University HealthSystem.

The University of Chicago Pritzker School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 20.25 *AMA PRA Category 1 Credit(s)™*.

Physicians should claim only the credit commensurate with the extent of their participation in the activity. Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of certificates of participation for education activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME, please consult your professional licensing board.

## Additional Information

For information regarding course content, contact Peter K. Sand, MD, by email at **peterksand@gmail.com.**

For information regarding course registration, lodging, travel information or course credit, contact Meeting Achievements at 219.465.1115 or email **support@meetingachievements.com.**

# Location

## Conference Location

The program will be held at **Beaches in Turks & Caicos.**

## Beautiful 5 Star All-Inclusive Luxury Hotel

Just over an hour from Miami, **Beaches** is nestled amid groves of palms and tropical foliage that fronts a 12-mile stretch of pristine beach. For everyone who has ever dreamed of getting away from it all and finding a tropical hideaway far removed from all the hustle, bustle, fuss and muss of modern life, Turks & Caicos is that rarest of discoveries – a true island escape. Enjoy 6 pools, 3 with swim-up bars, dedicated toddler pool with huge Pirates Island Waterpark, 19 specialty restaurants, 15 bars serving unlimited premium drinks, supervised kids camp for kids of all ages, Xbox Play Lounge, Scratch DJ Academy, Liquid at Beaches Nightclub, Trench Town teens-only game room, scuba diving program, and the Red Lane® Caribbean Spa.

If you're looking for the most comprehensive all-inclusive family vacation in a tropical paradise that offers every imaginable amenity and the Caribbean's largest water theme park, Beaches Turks & Caicos is for you. Voted ***"Top 25 Hotels for Families in the World 2018"*** by Trip Advisor.

## All-inclusive Package

All-inclusive package includes all hotel gratuities and taxes, hotel porterage, multiple a la carte dining options, complimentary welcome beverage, basic Wi-Fi Internet, anytime snacks, nightly entertainment, access to fitness center, unlimited premium brand alcohol, access to steam and sauna rooms (treatments are an additional cost), land and water sports including scuba diving for certified divers, and roundtrip airport transfers in Turks & Caicos (transportation gratuities are an additional cost, suggested at $2/bag).

- All Beaches have a three (3) night minimum stay. Participants are welcome to purchase extensions nights at the group program rate, from three (3) days prior until three (3) days after the official program dates (blackout dates may apply). Extension reservations must be paid prior to the group's arrival. Extension reservations will be confirmed based on availability and will be bound by the same cancellation policies as the group.
- Max occupancy of four people.
- Child rate (ages 2-15 sharing with an adult): $67.50 per night
- Higher category, suites, and/or date deviations upon request. Call 1-866-798-6338.

**PLEASE BE AWARE:** Beaches is an all-inclusive resort. If you choose to stay elsewhere, you will be charged per person per day for entry into the resort, even if you are only attending the seminar.

**DAY PASS: 6am to 1pm: Adult: $150, Child: $150**

This is a firm resort policy. This fee is subject to change without notice at the discretion of resort management. ***Book today as this location sells out months in advance every year!***

*continued on reverse*

# All-Inclusive Accommodations

**Reserve before October 9, 2019.**

A block of rooms has been reserved at Beaches, Turks & Caicos starting at:

**Run of House Caribbean/French Village:**

**Single Occupancy: $830.00 per night, All-Inclusive***
**Double Occupancy: $1060.00 per night, All-Inclusive***
**Triple Occupancy: $1160.00 per night, All-Inclusive***
**Quad Occupancy: $1260.00 per night, All-Inclusive***

*Urogynecology Courses values your patronage and if you joined us in 2019, we would like to provide you a 5% credit of your gross room revenue. In order to receive this rate, reservations MUST be made through our meeting planners at:

**Meeting Achievements: Toll Free 866.798.6338**
**email: Urogyne@meetingachievements.com**

***Reservations must be made before October 9, 2019** to ensure availability and group rates. All rooms reserved after this date are subject to availability. All rooms must be guaranteed with a major credit card.*

**DEPOSIT REQUIRED:** $1,000 per person deposit is required at time of booking to hold your room. Balance due no later than **October 9, 2019** and credit card will be charged automatically.

**BEACHES CANCELLATIONS:** Cancellations accepted without penalty until **October 9, 2019**. Cancellations, reduction in occupancy or no-show after **October 9, 2019** will result in loss of the full stay amount. No exceptions for any reason. Trip insurance is highly recommended. If you check out of the hotel before your scheduled departure date or are a complete no show, you may be charged a penalty up to your entire reserved stay. Please review your reservation for accuracy.

*NorthShore University HealthSystem and The University of Chicago reserve the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, NorthShore University HealthSystem and The University of Chicago are not responsible for any related costs, charges or expenses to participants, including fees assessed by airline/travel/lodging agencies.*

# Faculty

**Roger P. Goldberg, MD, MPH**
Director, Division of Urogynecology
NorthShore University HealthSystem
Clinical Associate Professor
University of Chicago Pritzker School of Medicine
Evanston, Illinois

**Michael J. Kennelly, MD, FACS**
Professor of Urology and Obstetrics & Gynecology
Female Pelvic Medicine and Reconstructive Surgery
Director, Charlotte Continence Center
Co-Director, Women's Center For Pelvic Health
Director of Urology, Carolinas Rehabilitation
Charlotte, North Carolina

**Victor W. Nitti, MD**
Professor of Urology and Ob/Gyn
Shlomo Raz Chair in Urology
Chief, Division of FPMRS
David Geffen School of Medicine at UCLA
Los Angeles, California

**Peter Rosenblatt, MD**
Director of Urogynecology
Mount Auburn Hospital
Assistant Professor of Obstetrics & Gynecology
Harvard Medical School
Boston, Massachusetts

**Peter K. Sand, MD**
**Course Director**
Director, Urogynecology Research
Division of Urogynecology
NorthShore University HealthSystem
Clinical Professor of Obstetrics & Gynecology
University of Chicago Pritzker School of Medicine
Chicago, Illinois

## Educational Grants/ Commercial Support

A complete listing of commercial support received will be provided in the conference materials.

## Faculty Disclosure

It is the policy of the University of Chicago to ensure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly sponsored educational activities. Individuals who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Mechanisms to ensure that presentations are free from commercial bias are in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Full disclosure of this information will be published in the activity materials.

## Urogynecology Preceptorship with Dr. Sand

Dr. Sand offers one, two, and four week clinical preceptorships at the Evanston Continence Center to interested gynecologists, urologists and other healthcare providers throughout the year. Please contact Dr. Sand by email at **peterksand@gmail.com.** This is an observership where the participant will observe patients being evaluated and treated in the office and the operating room. The fee is $1000 for the first week and $750 for subsequent weeks.

## University of Chicago Urogynecology Fellowship

The Department of Obstetrics and Gynecology at the University of Chicago Pritzker School of Medicine offers a three-year fellowship program in Female Pelvic Medicine to qualified graduates of accredited residencies in obstetrics and gynecology. This program is intended to give the Fellow advanced training in the evaluation and treatment of women with lower urinary tract symptoms. Emphasis is placed on clinical research, urodynamic methodology and operative and non-operative therapies.

# Program

## Thursday, February 6, 2020

| | | |
|---|---|---|
| 6:00 a.m. | Registration, Continental Breakfast and Exhibits | |
| 7:00 a.m. | Introduction/Opening Remarks | *Peter K. Sand, MD* |
| 7:05 a.m. | Pelvic Anatomy for the Reconstructive Surgeon | *Roger P. Goldberg, MD, MPH* |
| 7:35 a.m. | Office Evaluation for Pelvic Floor Dysfunction | *Peter K. Sand, MD* |
| 8:00 a.m. | Making Urodynamics Work in Your Practice | *Michael J. Kennelly, MD, FACS* |
| 8:30 a.m. | Diagnosis & Treatment of Urinary Retention | *Victor W. Nitti, MD* |
| 9:00 a.m. | What Really Works for Bladder Pain Syndrome: Current & Future Rx | *Peter K. Sand, MD* |
| 9:30 a.m. | Questions & Answers | |
| 9:40 a.m. | Refreshment Break & Exhibits | |
| 10:10 a.m. | Evaluating Defecatory Dysfunction & Anal Incontinence | *Roger P. Goldberg, MD, MPH* |
| 10:40 a.m. | Frontiers in the Treatment of Anal Incontinence | *Peter Rosenblatt, MD* |
| 11:10 a.m. | Current & Future Pharmacological Treatment of Urinary Incontinence | *Michael J. Kennelly, MD, FACS* |
| 11:50 a.m. | Botulinum Toxin for Refractory & Neurogenic OAB | *Victor W. Nitti, MD* |
| 12:20 p.m. | Neuromodulation for Refractory OAB and Anal Incontinence | *Michael J. Kennelly, MD, FACS* |
| 1:00 p.m. | Diagnosis & Management of Pelvic Pain after Vaginal Surgery | *Peter Rosenblatt, MD* |
| 1:30 p.m. | Questions & Answers | |
| 1:45 p.m. | Adjourn | |

## Friday, February 7, 2020

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|---|---|---|
| 6:00 a.m. | Registration, Continental Breakfast & Exhibits | |
| 6:00 a.m. | Incontinence and Urethral Surgical Videos | *Urogynecology Faculty* |
| 7:00 a.m. | When & How to Do Retropubic Urethropexies | *Roger P. Goldberg, MD, MPH* |
| 7:30 a.m. | The Place for Single Incision Slings | *Michael J. Kennelly, MD, FACS* |
| 8:00 a.m. | Choosing the Right Midurethral Sling | *Peter K. Sand, MD* |
| 8:30 a.m. | When & How to Use Bladder Neck Slings | *Victor W. Nitti, MD* |
| 9:00 a.m. | Identifying and Managing Urological Complications of Pelvic Surgery | *Michael J. Kennelly, MD, FACS* |
| 9:30 a.m. | The Prolapse Mesh Story 2020 | *Roger P. Goldberg, MD, MPH* |
| 10:00 a.m. | The Safety of Sling Mesh 2020 | *Peter K. Sand, MD* |
| 10:30 a.m. | Questions & Answers | |
| 10:40 a.m. | Refreshment Break & Exhibits | |
| 11:10 a.m. | Tips & Tricks for Improving Your Robotic & Straight Sticks Laparoscopic Skills | *Peter Rosenblatt, MD* |
| 12:00 p.m. | Managing Recurrent UTI's, Asymptomatic Bacteriuria, Cystitis Cystica & Glandularis | *Victor W. Nitti, MD* |
| 12:30 p.m. | Panel Discussion: Challenges in the Treatment of Pelvic & Bladder Pain (Case Presentations) | *Drs. Goldberg, Kennelly, Nitti, Rosenblatt & Sand* |
| 1:15 p.m. | Questions & Answers | |
| 1:30 p.m. | Adjourn | |

## Saturday, February 8, 2020

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|---|---|---|
| 6:00 a.m. | Registration, Continental Breakfast & Exhibits | |
| 6:00 a.m. | Prolapse Surgery Videos | *Urogynecology Faculty* |
| 7:00 a.m. | Treatment of Anterior Compartment Prolapse With & Without Adjuvant Grafts | *Peter K. Sand, MD* |
| 7:30 a.m. | Treatment of Posterior Compartment Prolapse With & Without Adjuvant Grafts | *Peter Rosenblatt, MD* |
| 8:00 a.m. | Abdominal Repairs for Apical Prolapse | *Michael J. Kennelly, MD, FACS* |
| 8:30 a.m. | Vaginal Repair of Apical Prolapse | *Peter K. Sand, MD* |
| 9:00 a.m. | Laparoscopic Repair of Vaginal Prolapse | *Peter Rosenblatt, MD* |
| 9:30 a.m. | Transvaginal Rectopexy for Defecatory Dysfunction | *Roger P. Goldberg, MD, MPH* |
| 10:00 a.m. | Questions & Answers | |
| 10:10 a.m. | Refreshment Break & Exhibits | |
| 10:40 a.m. | Colpocleisis, Colpectomy & The Manchester Fothergill Procedure | *Peter Rosenblatt, MD* |
| 11:10 a.m. | Video Session: Complications of Prolapse & Incontinence Surgery | *Drs. Goldberg, Kennelly, Nitti, Rosenblatt & Sand* |
| 12:40 p.m. | AUA Guidelines Update: 2019 | *Victor W. Nitti, MD* |
| 1:10 p.m. | Questions & Answers | |
| 1:30 p.m. | Adjourn | |

# Registration

The registration fee is $895 for Physicians and $695 for Residents and Fellows (accompanied by letters from their Chiefs of Service) and Nurses. The fee includes conference registration, continental breakfasts, refreshment breaks, and conference materials. **While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service to our participants.**

**Physicians**
Early Registration (Before 10/9/19) ..... **$795**
Regular Registration ..... **$895**

**Residents, Fellows, Nurses**
Early Registration (Before 10/9/19) ..... **$595**
Regular Registration ..... **$695**

***(Residents and Fellows must enclose letters from their Chiefs of Service)***

### Cancellation Policy *CME Registration Fee Only*

If you cancel your participation in this conference, your registration fee less a $100 administrative fee, will be refunded when written notification is received by January 2, 2020. No refunds will be made after January 2, 2020.

### Accessibility

The conference co-sponsors and educational partner are committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodations, please contact Meeting Achievements at 219.465.1115 or via email at **support@meetingachievements.com.**

**Register at UrogynecologyCourses.com**

NorthShore University HealthSystem
9650 Grosse Pointe Road, Ste 3900
Skokie, IL 60076

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