

25TH ANNUAL CONFERENCE

Advances in Urogynecology & Minimally Invasive Pelvic Surgery

June 9-11, 2016

New Location: The Gwen Hotel, Chicago

Course Director: Peter K. Sand, MD

Educational Partner: Meeting Achievements

**WITH A
HANDS-ON
LAB**



Register online at www.UrogynecologyCourses.com

General Information

COURSE DESCRIPTION

This course is intended to provide the clinician with a functional understanding of the latest methods for evaluating and treating women with pelvic floor dysfunction in the office and with minimally invasive surgical techniques. The didactic sessions will provide the physician with the basic knowledge of how to evaluate and treat women with lower urinary tract abnormalities, pelvic prolapse, anal dysfunction, pelvic pain and urinary incontinence. Basic and advanced techniques for the evaluation and treatment of urinary incontinence, constipation, anal incontinence, pelvic, vulvovaginal and urinary tract pain, and genital prolapse will be discussed by a faculty of experts.

The Surgeons' Workshops will provide the participant with an opportunity to view actual procedures and techniques discussed in the didactic sessions. A new, expanded video session focusing on laparoscopic surgical techniques, tips and tricks will be presented by a panel of expert minimally invasive surgeons so the participant may appreciate contrasting methods and instrumentation that they may adapt to their own practices. Video sessions will also demonstrate current techniques for the treatment of genital prolapse with and without adjuvant grafts, how to deal with complications of these operations and how to treat urinary incontinence in the office and the operating room. The sessions will allow the participant to interact with the faculty in a more informal atmosphere for an open exchange of ideas.

The Hands-on Laboratory in the Northshore SIM Lab has been dramatically expanded this year to allow participants to expand their anatomic knowledge and surgical skills with laparoscopic, pelvic, and vaginal surgical procedures. This will include a 30 minute guided pelvic anatomic dissection by Dr. John DeLancey followed by 90 minutes of guided dissection at each cadaver station with the faculty. The laparoscopic faculty will then lead the participants in a one hour laparoscopic skills lab followed by a lunchtime laparoscopic video session in the auditorium to preview the procedures the participants will be performing in the afternoon session. This will be followed by a 2 hour Non-Certified Hand-on Laboratory (CME Credit non applicable) where each of the participants will have the opportunity to perform numerous anti-incontinence and prolapse operations using various surgical kits and techniques. Participants will also be able to perform urodynamics, urethral bulking and learn to utilize neuromodulation and biofeedback techniques.

CONFERENCE OBJECTIVES

Upon completion of this course, the participants will be able to:

1. *Evaluate and diagnose conditions causing pelvic floor dysfunction.*
2. *Describe what new procedures are available to treat stress urinary incontinence in the office and operating room.*
3. *Be able to diagnose and treat urgency urinary incontinence and overactive bladder syndrome.*
4. *Identify how complications occur with some of the new adjuvant materials and know how to manage them.*
5. *Identify what advanced laparoscopic techniques they can implement in their practice and what are the best technologies to achieve their minimally invasive surgical goals.*

TARGET AUDIENCE

The target audience for this activity includes Gynecologists, Urologists, Urogynecologists, Nurses, Physical Therapists and other Allied Health Care Professionals seeking a comprehensive review of urogynecology and pelvic floor dysfunction.

Location & Accommodations

**NEW
LOCATION!**

CONFERENCE LOCATION

The program will be held at **The Gwen Hotel Chicago** at 521 N. Rush St, located on the Magnificent Mile in Chicago, Illinois. Please contact the hotel directly at 312.645.1500 for directions and parking information.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at The Gwen Hotel Chicago at a rate of \$279.00 for a single and \$304.00 for double occupancy, plus tax. In order to receive this rate, reservations **MUST** be made through our meeting planners at Meeting Achievements – Toll Free 866.798.6338 or Email: Urogynce@meetingachievements.com.

Reservations must be made before May 11, 2016 to ensure availability and group rates.

All rooms reserved after this date are subject to availability. All rooms must be guaranteed with a major credit card. Chicago is a popular vacation and convention destination. We recommend that you make your reservations as soon as possible in order to guarantee accommodations.

NorthShore University HealthSystem and The University of Chicago reserve the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, NorthShore University HealthSystem and The University of Chicago are not responsible for any related costs, charges or expenses to participants, including fees assessed by airline/travel/lodging agencies

ACCREDITATION AND CREDIT DESIGNATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Chicago Pritzker School of Medicine and NorthShore University HealthSystem. The University of Chicago Pritzker School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of **22.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit**[™] from organizations accredited by the ACCME, please consult your professional licensing board.

ADDITIONAL INFORMATION

For information regarding course content, contact Peter K. Sand, MD, by email at peterksand@gmail.com.

For information regarding course registration, lodging, travel information or course credit, contact Meeting Achievements at 219.465.1115 or email polly@meetingachievements.com.

EDUCATIONAL GRANTS / COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.

COURSE DIRECTOR

Peter K. Sand, MD

*Director, Evanston Continence Center
NorthShore University HealthSystem
Evanston, Illinois
Clinical Professor of Obstetrics & Gynecology
University of Chicago, Pritzker School of Medicine
Chicago, Illinois*

FACULTY

Patrick Culligan, MD

*Professor of Obstetrics & Gynecology
Director, Division of Urogynecology
Mount Sinai School of Medicine
Atlantic Health System
Morristown, New Jersey*

John O.L. DeLancey, MD

*Norman F. Miller Professor of Gynecology
Professor of Urology
University of Michigan Medical School
Ann Arbor, Michigan*

Eli Ehrenpreis, MD

*NorthShore University HealthSystem
Evanston, Illinois
Clinical Associate Professor of Medicine
University of Chicago, Pritzker School of Medicine
Chicago, Illinois*

Roger P. Goldberg, MD

*Director, Division of Urogynecology
NorthShore University HealthSystem
Evanston, Illinois
Clinical Assistant Professor of Obstetrics & Gynecology
University of Chicago, Pritzker School of Medicine
Chicago, Illinois*

Marie F. Paraiso, MD

*Professor of Surgery,
Cleveland Clinic Learner College of Medicine
Section Head, Female Pelvic Medicine and
Reconstructive Surgery
Cleveland Clinic
Cleveland, Ohio*

Peter Rosenblatt, MD

*Director of Urogynecology
Mount Auburn Hospital Cambridge, Massachusetts
Assistant Professor of Obstetrics & Gynecology
Harvard Medical School
Boston, Massachusetts*

Karen Sasso, RN, APN, BSN, MSN, CCCN

*Program Manager/Urogynecology Clinical Nurse
Specialist
Evanston Continence Center
NorthShore University HealthSystem
Evanston, Illinois*

Sangeeta Senepati, MD

*NorthShore University HealthSystem
Evanston, Illinois
Clinical Assistant Professor of Obstetrics & Gynecology
University of Chicago, Pritzker School of Medicine
Chicago, Illinois*

Janet E. Tomezsko, MD

*Evanston Continence Center
NorthShore University HealthSystem
Evanston, Illinois
Clinical Assistant Professor of Obstetrics & Gynecology
University of Chicago, Pritzker School of Medicine
Chicago, Illinois*

FACULTY DISCLOSURE

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine, requires everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME defines "relevant financial relationships" as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine, requires Authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

THURSDAY, June 9, 2016

7:00 a.m.	Registration, Continental Breakfast and Exhibits	
7:20 a.m.	Introduction/Opening Remarks	<i>Peter K. Sand, MD</i>
7:30 a.m.	Pelvic Anatomy for the Reconstructive Surgeon	<i>John O. L. DeLancey, MD</i>
8:00 a.m.	Understanding Gastrointestinal Physiology & Function	<i>Eli Ehrenpreis, MD</i>
8:30 a.m.	Pathophysiology & Diagnosis of Urodynamic Stress Incontinence	<i>John O. L. DeLancey, MD</i>
9:00 a.m.	Treatment of Constipation & Defecatory Dysfunction	<i>Eli Ehrenpreis, MD</i>
9:30 a.m.	Diagnosis & Treatment of Overactive Bladder Syndrome	<i>Peter K. Sand, MD</i>
10:00 a.m.	Questions & Answers	
10:15 a.m.	Refreshment Break & Exhibits	
10:45 a.m.	Estrogen Effects on the Lower Urinary Tract	<i>Janet E. Tomezsko, MD</i>
11:15 a.m.	Diagnosing Pelvic Pain	<i>Sangeeta Senapati, MD</i>
11:45 a.m.	Behavioral Therapy for Stress & Urgency Incontinence	<i>Karen Sasso, RN, MSN</i>
12:15 p.m.	Nonsurgical Treatment of Pelvic Pain	<i>Sangeeta Senapati, MD</i>
12:45 p.m.	Lunch Break & Exhibits	
2:00 p.m.	Oral, Transdermal & Intravesical Pharmacotherapy for OAB	<i>Peter K. Sand, MD</i>
2:30 p.m.	Tension-Free Midurethral Slings	<i>Janet E. Tomezsko, MD</i>
3:00 p.m.	Single Incision Midurethral Slings: Is There an Advantage?	<i>Marie F. Paraiso, MD</i>
3:30 p.m.	How to Make Native Tissue Repairs Successful	<i>John O.L. DeLancey, MD</i>
4:00 p.m.	Retropubic & Laparoscopic Anti-Incontinence Operations	<i>Marie F. Paraiso, MD</i>
4:30 p.m.	Questions & Answers	
4:45 p.m.	Surgeon's Workshop (Video Presentations) Anti-Incontinence Operations & Complications	<i>Drs. DeLancey, Paraiso, Sand & Tomezsko</i>
6:00 p.m.	Adjourn	

Program agenda and speaker selection subject to change.

Urogynecology Fellowship Urogynecology Preceptorship

The Department of Obstetrics and Gynecology at NorthShore University HealthSystem offers a three-year fellowship program in Female Pelvic Medicine to qualified graduates of accredited residencies in obstetrics and gynecology. This program is intended to give the Fellow advanced training in the evaluation and treatment of women with lower urinary tract symptoms. Emphasis is placed on clinical research, Urodynamic methodology and operative and non-operative therapies.

Dr. Sand offers one, two and four week clinical preceptorships at the Evanston Continence Center to interested gynecologists, urologists and other healthcare providers throughout the year. Please contact Dr. Sand by email at peterksand@gmail.com or phone at 847.933.3523 or by fax at 847-933-3531. This is an observership where the participant will observe patients being evaluated and treated in the office and the operating room. The fee is \$1000 for the first week and \$750 for subsequent weeks.

FRIDAY, June 10, 2016

7:00 a.m. Continental Breakfast & Exhibits

7:30 a.m. Recognizing & Avoiding Complications of Pelvic Surgery *Peter Rosenblatt, MD*

8:00 a.m. Why I Do Laparoscopic Abdominal Sacrocolpopexies *Marie F. Paraiso, MD*

8:30 a.m. Why I Do Vaginal Vault Suspensions *Roger P. Goldberg, MD*

9:00 a.m. Why I Do Robotic Abdominal Sacrocolpopexies *Patrick Culligan, MD*

9:30 a.m. Site Specific or Old Fashioned Rectocele Repairs:
Which is Best? *Marie F. Paraiso, MD*

10:00 a.m. Unaugmented Cystocele & Paravaginal Repairs *Patrick Culligan, MD*

10:30 a.m. Questions & Answers

10:45 a.m. Refreshment Break & Exhibits

11:15 a.m. Neuromodulation for Urinary & Anal Incontinence *Peter K. Sand, MD*

11:45 a.m. New Developments in the Treatment of Anal Incontinence *Peter Rosenblatt, MD*

12:15 p.m. Uterine Preservation During Reconstructive Surgery:
You Might Want That Uterus *Roger P. Goldberg, MD*

12:45 p.m. Questions & Answers

1:00 p.m. Lunch Break & Exhibits

2:15 p.m. Synthetic Mesh Kits *Roger P. Goldberg, MD*

2:45 p.m. Biological Grafts in Reconstructive Surgery *Peter K. Sand, MD*

3:15 p.m. NO, Absolutely No Vaginal Grafts Needed *Marie F. Paraiso, MD*

3:45 p.m. Pessaries for Prolapse & Incontinence *Patrick Culligan, MD*

4:15 p.m. Surgeon's Workshop (*Video Presentations*)
Laparoscopic & Vaginal Reconstructive Surgery *Drs. Culligan, Goldberg, Paraiso, Rosenblatt and Sand*

5:30 p.m. Questions & Answers

5:45 p.m. Adjourn

SATURDAY, June 11, 2016

6:30 a.m. Board Buses for Evanston Hospital

7:15 a.m. Continental Breakfast at Frank Auditorium

8:00 a.m. Anatomic Pelvic Dissection Videos *John O.L. Delancey, MD*

9:00 a.m. Advanced Laparoscopic Reconstructive Videos & Instruction *Drs. Culligan, Paraiso and Rosenblatt*

11:00 a.m. Refreshment Break & Exhibits in the NorthShore Simulation Center

11:30 a.m. Guided Anatomic Dissection &
Surgical Anatomy of the Pelvis *Drs. Culligan, DeLancey, Goldberg, Paraiso, Rosenblatt, Sand, & Tomezsko*

12:30 p.m. Laparoscopic Skills Lab *Drs. Culligan, Paraiso, Rosenblatt and Senapati*

2:00 p.m. Vaginal Reconstructive & Anti-Incontinence Surgery Lab:
Optional Lab with Industry Devices & Kits (*Optional Non-certified CME*)



2:00 p.m. Urodynamics & Office Treatments Hands On Lab
(*Optional Non-certified CME*)


4:00 p.m. Adjourn


Registration

The registration fee is \$895 for Physicians and \$695 for Residents and Fellows (accompanied by letters from their Chiefs of Service) and Nurses. A \$100 discount will be offered for early registration before April 1, 2016. The fee includes participation in the Hands-on Laboratory, three continental breakfasts, refreshment breaks, transportation to and from Saturday workshops and conference materials. **While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service to our participants.**

HOW TO REGISTER

 **ONLINE:**
 www.UrogynecologyCourses.com

 **MAIL:**
Meeting Achievements
232 East 500 North
Valparaiso, IN 46383

 **FAX:**
Credit Card
Payments Only to:
219.548.8619

CANCELLATION POLICY

If you cancel your participation in this conference, your registration fee less a \$100 administrative fee, will be refunded when written notification is received by May 20, 2016. No refunds will be made after May 20, 2016. You must contact our meeting planners (or your travel agent) directly to cancel your travel arrangements.

ACCESSIBILITY

The conference co-sponsors and educational partner are committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodations, please contact Meeting Achievements at 219.465.1115 or via email at polly@meetingachievements.com.

Physicians	
Early Registration Discount (Before April 1, 2016).....	\$795
Regular Registration	\$895
Residents, Fellows, Nurses	
Early Registration Discount (Before April 1, 2016).....	\$595
Regular Registration	\$695

(Residents and Fellows must enclose letters from their Chiefs of Service)

CONTACT INFORMATION (Please type or print clearly)

Name _____ Degree _____

Medical Specialty _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

PAYMENT (Please check all that apply)

☐ You must check this box if you do not want your contact information (City/State only) shared with conference participants and/or exhibitors.

☐ Do you plan to attend the Saturday lab? ☐ Yes ☐ No

☐ Do you want a print copy of the Syllabi for an additional \$100? ☐ Yes ☐ No

☐ Check enclosed (U.S. funds only), payable to **Meeting Achievements (Tax ID 37-1464588)**

☐ Charge Total \$ _____ to my ☐ MasterCard ☐ Visa ☐ American Express

Name as it appears on card _____

Card # _____ Exp. Date _____ / _____

Signature _____

For additional information about this activity, please contact Meeting Achievements at 219.465.1115

25TH ANNUAL CONFERENCE

Advances in Urogynecology & Minimally Invasive Pelvic Surgery

June 9-11, 2016

WITH A
HANDS-ON
LAB



New Location:

The Gwen Hotel, Chicago

Course Director:

Peter K. Sand, MD

Educational Partner:

Meeting Achievements



Register online at
www.UrogynecologyCourses.com