



AT THE FOREFRONT

**UChicago
Medicine**

UCHICAGO MEDICINE CENTER FOR PELVIC HEALTH



IMPROVING THE QUALITY OF LIFE FOR PATIENTS WITH PELVIC FLOOR DISORDERS

SYMPOSIUM CO-DIRECTORS

Konstantin Umanskiy, MD, FACS

Juraj Letko, MD, FACOG

LOCATION

Knapp Center for Biomedical Discovery
900 E 57th St, Chicago IL 60637

Register at: <https://cme.uchicago.edu/pelvichealth18>



**JAN
4
2019**

8AM-3:30PM

CONFERENCE DESCRIPTION

The goal of this activity is to enhance provider experience with evidence-based management of pelvic floor disorders. It will help them critically evaluate and assimilate information on advances and techniques that impact the field of pelvic floor surgery and to use this evidence to improve practice and patient care. Interpersonal and communication skills are expected to improve in a learning environment conducive to a community of practice.

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

- *List anatomical, physiological, and psychological mechanisms that contribute to various bowel, bladder and pelvic organ disorders;*
- *Describe the types and etiologies of various bowel, bladder and pelvic organ disorders;*
- *List indications diagnostic and imaging modalities for evaluation of bowel, bladder, and pelvic organ disorders;*
- *Describe surgical and non-surgical interventions including physical therapy for bladder bowel and pelvic organ disorders;*
- *Identify appropriate treatment options for pelvic organ prolapse;*
- *Analyze various treatment options for functional disorders of pelvic organs and defecation.*

TARGET AUDIENCE

This activity is designed for physicians and other healthcare professionals interested in the diagnosis and treatment of pelvic floor disorders.

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICAL THERAPIST CREDIT

The University of Chicago Medical Center is a licensed continuing education provider with the Illinois Department of Financial and Professional Regulation for Physical Therapy, license # 216-000030. All participants will be provided with a certificate of attendance. This course is approved for 4.5 continuing education hours for licensed therapists (PT, PTA) in Illinois. The University of Chicago Medical Center has not applied to any other state for therapist CE credit. Participants will need to do this individually through their jurisdiction outside of Illinois.

OTHER HEALTH PROFESSIONS CREDIT

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME, please consult your professional licensing board.

CONFERENCE FACULTY

Symposium Directors

Konstantin Umanskiy, MD, FACS

Associate Professor, Surgery
Program Director, Colon and Rectal Surgery
Residency Program
Associate Program Director, General Surgery
Residency Program
UChicago Medicine

Juraj Letko, MD, FACOG

Assistant Professor
Urogynecology and Pelvic Reconstructive
Surgery
UChicago Medicine

UChicago Medicine Center for Pelvic Health

Urogynecology

Sandra Valaitis, MD
Dianne Glass, MD, PhD
Shilpa Iyer, MD, MPH
Juraj Letko, MD, FACOG

Gynecology Minimally Invasive Surgery

Laura Douglass, MD

Urology

Gregory Bales, MD
Sarah Faris, MD

Colorectal Surgery

Lisa Cannon, MD, FACS, FASCRS
Konstantin Umanskiy, MD, FACS
Neil Hyman, MD
Benjamin Shogan, MD

Gastroenterology

Vijaya Rao, MD

Radiology

Abraham Dachman, MD
Carla Harmath, MD
Aytekin Oto, MD, MBA

Plastic Surgery

Lawrence Gottlieb, MD

Nursing

Laura Fetzer, RN, APN

Physical Therapy

Sarahann Callaway, PT, DPT, OCS
Lauren Mansell, PT, DPT, PRPC, CLT
Sarah Macaraeag, PT, DPT, OCS, WCS
Rene Lederman, PT, OCS

Invited Speaker

Peter Sand, MD

Clinical Professor of Obstetrics & Gynecology
Director of Urogynecological Research
NorthShore University HealthSystem
UChicago Medicine, Pritzker School of Medicine

DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, UChicago Medicine Pritzker School of Medicine asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients. The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, UChicago Medicine Pritzker School of Medicine requires authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

CONFERENCE AGENDA

FRIDAY, JANUARY 4, 2019

8:00 a.m. **REGISTRATION**

8:25 **Welcome**
Juraj Letko, MD, FACOG

Morning Session I: Evaluation of Pelvic Floor Disorders
Moderator: Neil Hyman, MD

8:30 **Diagnostic Evaluation of Pelvic Floor Disorders: Gynecologic Perspective**
Dianne Glass, MD, PhD

8:45 **Diagnostic Evaluation of Pelvic Floor Disorders: Urologic Perspective**
Sarah Faris, MD

9:00 **Diagnostic Evaluation of Pelvic Floor Disorders: Colorectal Perspective**
Konstantin Umanskiy, MD, FACS

9:15 **Physical Therapy for Pelvic Floor Disorders: It's More than Just a Kegel Exercise** Lauren Mansell, PT, DPT, PRPC, CLT

9:30 **Panel Discussion**

10:00 **REFRESHMENT BREAK**

Morning Session II: Treatment Options for Pelvic Organ Prolapse
Moderator: Sandra Valaitis, MD

10:30 **KEYNOTE ADDRESS: Adjuvant Grafts in Reconstructive Vaginal Surgery**
Peter Sand, MD

11:05 **Sacrocolpopexy in Management of Pelvic Organ Prolapse**
Juraj Letko, MD, FACOG

11:20 **Robotic Rectopexy in Treatment of Obstructed Defecation and Rectal Prolapse** Lisa Cannon, MD, FACS, FASCRS

11:35 **Panel Discussion**

12:00 p.m. **LUNCH**

Afternoon Session: Treatment of Functional Disorders of Pelvic Organs and Defecation Moderator: Juraj Letko, MD, FACOG

1:00 **Management of Urinary incontinence: Refractory Overactive Bladder**
Shilpa Iyer, MD, MPH

1:15 **Management of Voiding Dysfunction Neurogenic Bladder**
Sarah Faris, MD

1:30 **Functional Disorders of Defecation**
Vijaya Rao, MD

1:45 **Surgical Treatment of Fecal Incontinence**
Benjamin Shogan, MD

2:00 **Panel Discussion**

2:30 **Closing Remarks**
Konstantin Umanskiy, MD, FACS

2:35 **RECEPTION**

3:30 **ADJOURN**

REGISTRATION INFORMATION

How To Register

 **ONLINE** <https://cme.uchicago.edu/pelvichealth18>
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Center for Continuing Medical Education
c/o Center for Pelvic Health Symposium
5841 S. Maryland Ave., MC 1137
Chicago, IL 60637

Payment

| | Fee |
|--------------------------------|------------|
| Physicians | \$100 |
| Other Healthcare Professionals | \$50 |
| Payment Total: | \$ |

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

- Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
 You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- Colleague Save the Date Brochure Internet Email
 Journal Ad Previous Attendance Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee less a \$25 administrative fee will be refunded when written notification is received by December 21, 2018. **No refunds will be made after December 21, 2018.**

Accessibility

UChicago Medicine is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773.702.1056 or via email at cme@bsd.uchicago.edu.

For additional information about this activity, please contact the Center for Continuing Medical Education at 773.702.1056.



AT THE FOREFRONT

**UChicago
Medicine**

CENTER FOR PELVIC HEALTH

IMPROVING THE QUALITY OF LIFE FOR PATIENTS WITH PELVIC FLOOR DISORDERS



Friday, January 4, 2019 | 8AM-3:30PM

Knapp Center for Biomedical Discovery | 900 E 57th St, Chicago IL 60637

UChicago Medicine
Center for Pelvic Health
773.834.6303
pelvic.health@bsd.uchicago.edu

LOCATIONS

Hyde Park
Duchossois Center for Advanced
Medicine (DCAM)
5758 S. Maryland Avenue, 3rd Floor

Flossmoor
19550 Governors Highway, Suite 3000

La Grange
5201 S. Willow Springs Road, Suite 180

New Lenox
On Silver Cross Hospital Campus
Pavilion A, 1890 Silver Cross Boulevard
Suite 475

Orland Park
14290 S. La Grange Road, 3rd Floor

Riverside
3722 S. Harlem Avenue, Suite 201

Schererville, Indiana
222 Indianapolis Boulevard, Suite 200

The University of Chicago

Center for Continuing Medical Education
5841 S. Maryland Ave., MC 1137
Chicago, IL 60637

NON-PROFIT ORG.
US POSTAGE
PAID
LAKE FOREST, IL
PERMIT NO. 79