



AT THE FOREFRONT

**UChicago
Medicine**

BRINGING BEST PRACTICES TO YOUR ICU:

AN INTERDISCIPLINARY APPROACH TO CARING
FOR THE CRITICALLY ILL

COURSE DIRECTORS

John P. Kress, MD

Cheryl L. Esbrook, OTR/L, BCPR

UNIVERSITY OF CHICAGO MEDICAL CENTER

Center for Care and Discovery

7th Floor Board Room

5700 S. Maryland Ave.

Chicago, IL 60637

Register at: <https://cme.uchicago.edu/icu2019>

**MAR
7-9
2019**



CONFERENCE DESCRIPTION

The University of Chicago Medicine is proud to present a two and a half day course structured to improve the inter-professional team's management of patients with critical illness through implementation of the ABCDEF bundle:

A-assess, prevent, and manage pain

B-both spontaneous breathing trials and spontaneous awakening trials

C-choice of analgesia and sedation

D-delirium assessment, prevention, and management

E-early mobilization and exercise

F-family engagement and empowerment

While advancements in the care of patients with respiratory failure have improved survival rates, many patients still suffer long-term functional, neuromuscular, and neurocognitive impairments. Utilization of the ABCDEF bundle has been shown to significantly reduce the long-term deleterious effects of surviving critical illness. Yet, implementation can be challenging for the inter-professional team due to the complexity of the ICU environment and the acuity of illness.

This course will highlight the common complications for ICU survivors, including neuromuscular weakness and neurocognitive functioning. We will discuss the evidence surrounding the efficacy of the ABCDEF bundle, practical ways to implement each bundle element, and strategies to improve bundle utilization. This course will also feature breakout sessions to discuss the inter-professional nuts and bolts of bundle implementation and roundtable discussion to ask the experts about best practice for the critically ill.

The University of Chicago's state-of-the-art simulation center will set the stage for hands-on application of

knowledge and techniques to actual patient scenarios.

The aim of the course is to increase health care provider's knowledge, skill, and ease of treating and caring for patients with complex medical conditions and provide tools for improved inter-professional involvement in their intensive care units using a bundled approach.

LEARNING OBJECTIVES

At the conclusion of this education activity, participants will be able to:

- *Describe the history and evidence surrounding the ABCDEF bundle*
- *Discuss strategies for bundle implementation in the ICU settings*
- *Identify potential barriers to implementation in individual institutions including implications for staffing and costs*
- *Analyze the roles of different healthcare professionals incorporating the ABCDEF bundle into an ICU*
- *Outline ways the ABCDEF bundle can be incorporated into the care of ICU patients*

TARGET AUDIENCE

This activity is designed for physicians, occupational therapists, physical therapists, nurses, advanced nurse practitioners, physician assistants, respiratory therapists, pharmacists, and other healthcare professionals interested in optimizing ICU patient recovery and outcomes.

ACCREDITATION AND CREDIT DESIGNATION

PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 17.75 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

The University of Chicago Medicine is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-355, 7/1/2019)

This live activity is designated for a maximum of 17.75 continuing nursing education units.

PHYSICAL THERAPIST & OCCUPATIONAL THERAPIST CREDIT

The University of Chicago Medical Center is a licensed continuing education provider with the Illinois Department of

Financial and Professional Regulation for Physical Therapy, license # 216-000030. All participants will be provided with a certificate of attendance. This course is approved for 17.75 continuing education hours for licensed therapists (PT, PTA, OT, or COTA) in Illinois. The University of Chicago Medical Center has not applied to any other state for therapist CE credit. Participants will need to do this individually through their jurisdiction outside of Illinois.

AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

OTHER HEALTH PROFESSIONS CREDIT

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME, please consult your professional licensing board.

LOCATION AND ACCOMMODATIONS

Explore the best of Chicago's Hyde Park, the Hyatt Place Chicago South/University Medical Center is an inviting, chic hotel. Just four miles from the McCormick Place Convention Center, Soldier Field, and downtown Chicago.

We are pleased to offer a special rate for conference attendees. **Special rates start at**

\$189* single/double occupancy

Hotel accommodations can be made at: <http://chicagosouthuniversity.place.hyatt.com/en/hotel/home> or by calling 1.888.591.1234. Use conference code: **G-BBPU**. Must book by **Wednesday, February 6, 2019**.

TO HELP PLAN YOUR STAY IN CHICAGO VISIT: WWW.CHOOSECHICAGO.COM

Chicago is truly a city with something for everyone!

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

* All rates are subject to state and city taxes. All reservations must be secured via a valid major credit card. Check-in time is 3 p.m. and check-out time is 12 p.m.

CONFERENCE FACULTY

Course Directors

John P. Kress, MD
University of Chicago

Cheryl L. Esbrook, OTR/L, BCPR
University of Chicago

Course Faculty

Kelly Coudron AGPCNP-BC, CCRN
University of Chicago

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Northwestern University,
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University of Chicago

Jennifer Ryan, PT, DPT, MS, CCS
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Shruti B. Patel, MD
Loyola University

William D. Schweickert, MD
University of Pennsylvania

Anne Pohlman, RN, MSN, APN
University of Chicago

Megan Stulberg, PT, DPT, CCS
University of Chicago

DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine, asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME defines "relevant financial relationships" as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine, requires Authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

CONFERENCE AGENDA

THURSDAY, MARCH 7, 2019

7:30 a.m. **BREAKFAST (PROVIDED)/REGISTRATION**

8:00 **Welcome and Introduction**

What is Your Current Role with Patients Undergoing Critical Illness?
Goals of Attending the Course

8:30 **The Pain of Being in the ICU**

9:30 **Awakening and Breathing: The Cornerstone to Bundle Success**

John P. Kress, MD

Evidence surrounding the use of the A and B bundle elements

10:30 **REFRESHMENT BREAK**

10:45 **Maintaining Consciousness with the Right Cocktail to Avoid Delirium**

Anne Pohlman, RN, MS, APN

Evidence surrounding the use of the C and D bundle elements

12:00 p.m. **LUNCH (PROVIDED)**

1:00 **Move It or Lose It: Keeping Your Patients Active in the ICU**

Cheryl Esbrook, OTR/L, BCPR

2:00 **Family Engagement: Why It Matters**

Bhakti K. Patel, MD

Evidence surrounding the use of the E and F bundle elements

2:30 **REFRESHMENT BREAK**

2:45 **Barriers to Bundle Implementation**

Roundtable Discussion with Inter-Professional Groups

3:45 **Wrap Up**

Agenda and speaker selection subject to change.



CONFERENCE AGENDA

FRIDAY, MARCH 8, 2019

7:30 a.m. **BREAKFAST (PROVIDED)**

8:00 **Review Day One**

8:15 **Why Do Bundles Matter? The Long-Term Consequences of Surviving the ICU**

Amy Pawlik, PT, DPT, CCS

8:45 **Are You Too Sick to Move? Mobilizing Patients on Acute Mechanical Circulatory Support**

Cheryl Esbrook, OTR/L, BCPR and Megan Stulberg, PT, DPT, CCS

9:30 **We Are Our Worst Enemy: How to Change the ICU Culture?**

Kelly Coudron, AGPCNP-BC, CCRN

10:15 **REFRESHMENT BREAK**

10:30 **Life After the ICU: A Patient Experience**

BREAKOUT SESSIONS (choose one)

11:00 **a. Leading Change: Implementing ABCDEF from the Ground Up**

Shruti B. Patel, MD

b. Devices Galore: How to Mobilize Your Patient Despite Their Attachments

Cheryl Esbrook, OTR/L, BCPR

12:00 p.m. **LUNCH (PROVIDED)**

BREAKOUT SESSIONS (choose one)

1:00 **a. Rounding Strategies to Improve Bundle Compliance**

Kelly Coudron AGPCNP-BC, CCRN, Anne Pohlman, RN, MSN, ANP

b. Seeing Beyond the Lab Values: Making Good Clinical Judgments for Interventions

Jennifer Ryan PT, DPT, MS, CCS

BREAKOUT SESSIONS (choose one)

2:00 **a. Assessing Progress: Quality Improvement Projects to Randomized Controlled Trials**

William D. Schweickert, MD

b. So Many Tools: How to Measure Functional Outcomes

Cheryl Esbrook, OTR/L, BCPR and Megan Stulberg, PT, DPT, CCS

3:00 **REFRESHMENT BREAK**

BREAKOUT SESSIONS (choose one)

3:15 **a. What's Changing?: The New PADIS Guidelines**

John P. Kress, MD

b. Nursing Role in Promoting Bundle Elements and Mobility

Kelly Coudron AGPCNP-BC, CCRN and Anne Pohlman, RN, MSN, ANP

4:00 **Panel Discussion**

SATURDAY, MARCH 9, 2019

8:00 **Application to Clinical Practice Through Simulated Experiences**

University of Chicago Simulation Center, 6th Floor, 5815 S. Maryland Ave.


12:00 p.m. **Wrap-up**

1:00 **CONFERENCE ADJOURNED**


Agenda and speaker selection subject to change.

REGISTRATION INFORMATION

How To Register

 **ONLINE**
https://cme.uchicago.edu/icu2019
(credit card payment only)

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago
Center for Continuing Medical Education
c/o ICU Best Practices
5841 S. Maryland Ave., MC 1137
Chicago, IL 60637

Payment	Early Fee	Discount Code	Regular Fee
Clinicians	\$575	ICUCLIN	\$675
Students	\$400	ICUSTUD	\$500

USE THE DISCOUNT CODE TO RECEIVE THE EARLY REGISTRATION FEE!
Discount expires February 7, 2019.

SPECIAL DISCOUNT FOR CLINICIANS!
Clinicians with 3 or more participants are eligible for a registration discount. Pricing for registrants with 3 or more people from one facility is \$500 each.

Contact Information

Name _____ Degree _____

Specialty _____

Organization _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Please select breakout sessions:

- | | | |
|-------------------|---|--|
| 11:00 a.m. | <input type="checkbox"/> a. Leading Change | <input type="checkbox"/> b. Devices Galore |
| 1:00 p.m. | <input type="checkbox"/> a. Rounding Strategies | <input type="checkbox"/> b. Seeing Beyond Lab Values |
| 2:00 p.m. | <input type="checkbox"/> a. Assessing Progress | <input type="checkbox"/> b. So Many Tools |
| 3:15 p.m. | <input type="checkbox"/> a. What's Changing? | <input type="checkbox"/> b. Nursing Role |

In Case of Emergency _____

 Please indicate any special needs _____

Please indicate any special dietary needs _____

- Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)
 You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

- Colleague Save the Date Brochure Internet Email
 Journal Ad Previous Attendance Other _____

Cancellation Policy

If you cancel your participation in this conference, your registration fee less a \$25 administrative fee will be refunded when written notification is received by February 7, 2019. **No refunds will be made after February 7, 2019.**

Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773.702.1056 or via email at cme@bsd.uchicago.edu.

For additional information about this activity, please contact the Center for Continuing Medical Education at 773.702.1056.