



AT THE FOREFRONT  
**UChicago  
Medicine**

Digestive  
Diseases  
Center

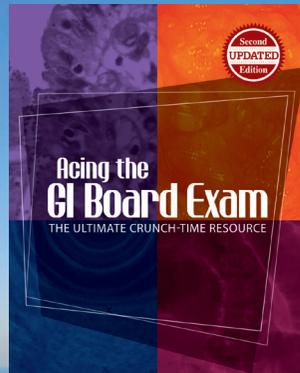
**OFFERING  
CME & MOC  
CREDITS!**

**BEST OF BOTH**

# ANNUAL UPDATES IN DIGESTIVE DISEASES MEETS ACING THE GI BOARD EXAM



AT THE FOREFRONT  
**UChicago  
Medicine**



**AUG.  
24-25  
2018**

## CONFERENCE CO-DIRECTORS

Sonia Kupfer, MD—UChicago

David T. Rubin, MD—UChicago

Brennan Spiegel, MD, MSHS—Cedars-Sinai

Hetal A. Karsan, MD—Atlanta Gastroenterology

Associates & Emory University

## THE GWEN HOTEL

521 N Rush Street

Chicago, IL 60611

Register at: [Uchospitals.edu/GIBoard2018](http://Uchospitals.edu/GIBoard2018)

# CONFERENCE DESCRIPTION

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**Continuing medical education (CME) provides ongoing professional development for practicing physicians and trainees.** Studies have found CME to be effective at acquisition and retention of knowledge, attitudes, skills, behaviors and clinical outcomes. In addition, CME is important preparation for maintenance of certification and board certification examinations. We have held previous CME conferences with the goal of presenting state of the art and science in gastroenterology, hepatology, and surgery. The feedback from these conferences has been very positive and meets an unmet educational need in our region. **This year, as a new feature, we will partner with a leading board examination preparation course, Acing the GI Board Exam, to offer an unparalleled conference with updates on science and clinical practice along with high-yield pearls for board examinations.**

Consultations with experts in the field have identified areas of changing practice that are critical for clinicians to know in order to provide the highest level of care. These areas include new oral therapies to treat digestive diseases, new guidelines in therapeutic drug monitoring of inflammatory bowel disease, a shift to robotics in the treatment of gastrointestinal cancers, new drugs available for fatty liver disease, and new endoscopic approaches to obesity.

## GOALS

The overall goal of this unique conference is to provide up-to-date evidence-based education in diagnosis and management of gastrointestinal and liver diseases as well as provide high-yield board examination preparation that will lead to highly trained healthcare professionals able to provide the highest level of patient care.

## TARGET AUDIENCE

This activity has been designed for physicians and other healthcare professionals interested in the prevention and treatment of gastrointestinal diseases.

## LEARNING OBJECTIVES

At the conclusion of this education activity, participants will be able to:

- *Describe how to implement evidence-based medicine in the diagnosis and management of gastrointestinal and liver diseases;*
- *State the role of emerging technologies for medical and surgical management of gastrointestinal diseases;*
- *Discuss how to apply high-yield clinical pearls to diagnose complex gastrointestinal diseases*
- *Evaluate different views in controversial areas of the management of gastrointestinal and liver diseases;*
- *Outline new guidelines for the therapeutic monitoring and management of gastrointestinal diseases.*

## OUTCOMES

At the conclusion of this activity, participants

will have acquired critical knowledge to improve their performance in the treatment of patients with gastrointestinal diseases.

## ACCREDITATION AND CREDIT DESIGNATION

### PHYSICIAN CREDIT

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### AMERICAN BOARD OF INTERNAL MEDICINE MOC PART II CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### OTHER HEALTHPROFESSIONS CREDIT

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for educational activities certified for *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME, please consult your professional licensing board.

## LOCATION AND ACCOMMODATIONS

**We are excited and pleased to be moving to the Gwen Hotel in 2018!** Named one of the Best Hotels in Chicago by Travel + Leisure, The Gwen is located off of the Magnificent Mile in the landmark McGraw-Hill Building. Surrounded by many of the most exciting attractions in Chicago, this reimagined icon is adorned with panels created in 1929 by sculptress Gwen Lux, the hotel's namesake.

We are pleased to offer a special rate for conference attendees. **Special rates start at**

**\$229\*** single/  
double  
occupancy



**Group room block rate \$229.** Cut-off date for reserving rooms in the room block is 5pm CST on July 25, 2018. Hotel accommodations can be made at: <https://tinyurl.com/GICME2018> or by calling 1-888-627-7039 and mention "Digestive Disease Conference".

### CONFERENCE PARKING

Valet parking available at hotel:  
4-8hrs \$35  
8-24hrs \$71

Public Self-Park Garage located directly across the street from hotel entrance:  
North Bridge, 516 N. Rush St.

### TO HELP PLAN YOUR STAY IN CHICAGO VISIT: [WWW.CHOOSCHICAGO.COM](http://WWW.CHOOSCHICAGO.COM)

Chicago is truly a city with something for everyone!

### DISCLOSURE DECLARATIONS

As a provider accredited by the ACCME, The University of Chicago Pritzker School of Medicine, asks everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. This includes any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME defines "relevant financial relationships" as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest. Mechanisms are in place to identify and resolve any potential conflict of interest prior to the start of the activity.

Additionally, The University of Chicago Pritzker School of Medicine, requires Authors to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, The University of Chicago is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

\* All rates are subject to state and city taxes. All reservations must be secured via a valid major credit card. Check-in time is 3 pm and check-out time is 12 pm.

# CONFERENCE FACULTY

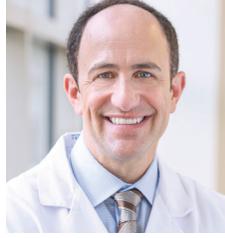
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## Course Directors

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**Sonia Kupfer, MD**

Assistant Professor of Medicine  
Director,  
Gastrointestinal  
Cancer Risk and  
Prevention Clinic

**David T. Rubin, MD**

Joseph B. Kirsner  
Professor of Medicine  
Chief, Section of  
Gastroenterology,  
Hepatology &  
Nutrition  
Co-Director, Digestive  
Diseases Center

**Hetal A. Karsan, MD**

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Section and Associate  
Editor, American  
Journal of  
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Gastroenterology  
Associates  
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American Journal of  
Gastroenterology  
Director of Health  
Services Research,  
Cedars-Sinai Health  
System  
Director, Center for  
Outcomes Research  
and Education (CORE)  
Professor of Medicine  
Cedars-Sinai,  
Los Angeles, CA

## University Of Chicago Speakers

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**Christopher Chapman, MD**

Assistant Professor of  
Medicine  
Director, Bariatric and  
Metabolic Endoscopy

**Michael Charlton, MD, FRCP**

Professor of Medicine  
Co-Director, Transplantation  
Institute  
Director, Center for Liver  
Diseases

**Christina E. Ciaccio, MD, MSc**

Associate Professor of  
Pediatrics and Medicine  
Interim Chief, Allergy/  
Immunology and Pediatric  
Pulmonary and Sleep Medicine  
Director, Food Allergy  
Program

**Russell D. Cohen, MD**

Professor of Medicine  
Director, Inflammatory Bowel  
Disease Center  
Co-Director, Advanced IBD  
Fellowship Program

**Neil Hyman, MD**

Professor of Surgery  
Chief, Section of Colorectal  
Surgery  
Co-Director, Digestive  
Diseases Center

**Robert Kavitt, MD, MPH**

Assistant Professor of  
Medicine  
Director, Center for  
Esophageal Diseases

**Sonali Paul, MD, MS**

Assistant Professor of  
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Director, Metabolic and Fatty  
Liver Clinic

**Anjana A. Pillai, MD**

Associate Professor of  
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Medical Director, Liver Tumor  
Clinic

**Neil Sengupta, MD**

Assistant Professor of  
Medicine  
Director, Quality Improvement  
for Section of  
Gastroenterology, Hepatology  
& Nutrition

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Associate Professor of  
Medicine  
Associate Director, Center for  
Endoscopic Research and  
Therapeutics (CERT)  
Director, EUS and Advanced  
Endoscopy Training Program

**Konstantin Umanskiy, MD, FACS**

Associate Professor of Surgery  
Program Director, Colon and  
Rectal Surgery Residency  
Program  
Associate Program Director,  
General Surgery Residency  
Program

# CONFERENCE AGENDA

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FRIDAY, AUGUST 24, 2018

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12:30 p.m. **REGISTRATION**

1:00 **Welcome**

Conference Co-Directors: Sonia Kupfer, MD; David T. Rubin, MD; Brennan Spiegel, MD, MSHS; and Hetal A. Karsan, MD

**Inflammatory Bowel Diseases**

Moderator: David Rubin

1:15 **Overview of the IBD Program** David Rubin

1:20 **IBD Therapy in 2018** Russell Cohen

1:50 **Therapeutic Monitoring in IBD** David Rubin

2:20 **Advances in Surgical Management of IBD** Neil Hyman

2:40 **Panel Discussion**

3:10 **BREAK**

**Gastrointestinal Cancers**

Moderator: Sonia Kupfer

3:25 **Updates in Colorectal Cancer Screening Guidelines** Neil Sengupta

3:40 **Hereditary Gastrointestinal Cancer Syndromes** Sonia Kupfer

3:55 **Management of Anal Dysplasia and Cancer** Konstantin Umanskiy

4:10 **Panel Discussion**

4:30 **Acing the Boards: Mid and Hind Gut “Tough Stuff” Vignettes**

5:30 **WELCOME RECEPTION**



# CONFERENCE AGENDA

SATURDAY, AUGUST 25, 2018

## 7:30 a.m. CONTINENTAL BREAKFAST

### Liver Diseases

Moderator: Michael Charlton

8:00 **Overview of Hepatology Programs** Michael Charlton

8:05 **NAFLD Treatment: Past, Present & Future** Sonali Paul

8:20 **Update on Management of Liver Tumors** Anjana Pillai

8:35 **Hepatitis C Treatment in 2018** Michael Charlton

8:50 **Panel Discussion**

9:00 **Acing the Boards: Liver “Tough Stuff” Vignettes**

## 10:00 BREAK

### Esophageal, Gastric and Small Bowel Diseases

Moderator: Sonia Kupfer

10:20 **Food Allergy in 2018** Christina Ciaccio

10:35 **Advances in Eosinophilic Esophagitis** Rob Kavitt

10:50 **Non-Dietary Therapy for Celiac Disease** Sonia Kupfer

11:05 **Panel Discussion**

11:15 **Acing the Boards: Foregut “Tough Stuff” Vignettes**

## 12:30 p.m. LUNCH BREAKOUT SESSIONS

**Table 1: GERD Evaluation and Management**

**Table 2: IBD Tough Cases**

**Table 3: FODMAP and Other Dietary Treatments**

**Table 4: IBD and Pregnancy**

**Table 5: Primary Sclerosing Cholangitis**

**Table 6: Benign Anorectal Diseases**

### Advanced Endoscopy

Moderator: Uzma Siddiqui

2:00 **Overview of Advanced Endoscopy Programs** Uzma Siddiqui

2:05 **Pancreatic Cysts: Making Sense of the Guidelines** Uzma Siddiqui

2:25 **Endoscopic Obesity Treatments** Christopher Chapman

2:45 **Panel Discussion**

3:00 **Acing the Boards: Pancreaticobiliary “Tough Stuff” Vignettes**

4:00 **Acing the Boards: Rapid Fire Review Test**

4:30 **Wrap-up**

# REGISTRATION INFORMATION

## How To Register

 **ONLINE** <https://Uchospitals.edu/GIBoard2018>  
**(credit card payment only)**

To pay by check, you must mail this registration form with payment to:

 **MAIL** The University of Chicago  
c/o Annual Updates in Digestive Diseases  
5841 S. Maryland Ave., MC 4076  
Chicago, IL 60637

## Payment

	<b>Fee</b>
Physicians	\$75
Nurses/Other Healthcare Professionals	\$50
Residents/Fellows/ Trainees	FREE
<b>*Special rate:</b> Physician and Allied Healthcare Professional Combo	\$100
<b>Payment Total: \$</b>	

## Contact Information

Name \_\_\_\_\_ Degree \_\_\_\_\_

Specialty \_\_\_\_\_

Organization \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Please select a lunch breakout session table:

Table 1: GERD Evaluation and Management

Table 2: IBD Tough Cases

Table 3: FODMAP and Other Dietary Treatments

Table 4: IBD and Pregnancy

Table 5: Primary Sclerosing Cholangitis

Table 6: Benign Anorectal Diseases

In Case of Emergency \_\_\_\_\_

 Please indicate any special needs \_\_\_\_\_

Please indicate any special dietary needs \_\_\_\_\_

Check enclosed (US funds only), payable to The University of Chicago (TID 36-2177139)

You must check this box if you do not want your mailing address shared with conference participants and/or exhibitors (if applicable).

Please tell us how you found out about this activity, check all that apply:

Colleague  Save the Date  Brochure  Internet  Email

Journal Ad  Previous Attendance  Other \_\_\_\_\_

## Cancellation Policy

If you cancel your participation in this conference, your registration fee less a \$25 administrative fee will be refunded when written notification is received by August 1, 2018. **No refunds will be made after August 1, 2018.**

## Accessibility

The University of Chicago is committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodation, please contact our office at 773-702-1056 or via email at [cme@bsd.uchicago.edu](mailto:cme@bsd.uchicago.edu).

For additional information about this activity, please contact the Center for Continuing Medical Education at 773-702-1056.



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August 24-25, 2018



THE UCHICAGO MEDICINE  
DIGESTIVE DISEASES CENTER  
IS PROUD TO PARTNER  
WITH THE AUTHORS OF  
“ACING THE GI BOARDS”  
TO OFFER AN  
UNPRECEDENTED  
CME PROGRAM!

The University of Chicago  
Center for Continuing Medical Education  
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